Towns of
East Hampton & Southampton

East End Mental Health
Awareness Initiative

Directory of Service Providers

2019 Edition

CP 15764 Updated 7/2020

The information contained
herein is provided for informational
purposes only.
The Town of Southampton
does not endorse any of
the mental health providers listed
herein, nor should this list
be construed
as a recommendation by
the Town to promote the
services of said providers.

WHEN SHOULD YOU OR A LOVED ONE SEEK THERAPY?

When you or a loved one is experiencing stress, depression, or anxiety that interferes with your or with his/her ability to perform daily activities...consider therapy.

If you are having difficulty making decisions, getting out of bed, interacting with family members or friends, or if you are experiencing a loss of appetite, or loss of sleep… consider therapy.

If you are injuring yourself, are addicted to food or substances… therapy would be helpful. If you are considering or have hurt or mutilated yourself… therapy is essential! If you have attempted suicide or are thinking about it… therapy is essential!

Call your doctor, one of the agencies or private practitioners listed in this brochure for an appointment.

If this is an emergency, call 911 or the Mental Health Hotline at (631) 952-3333 for immediate assistance.

MENTAL HEALTH HOTLINES

Suffolk County Mental Health Information Hotline & Mobile Crisis Team
631-952-3333

Sagamore Mobile Crisis Team
(for children up to age 17)
Monday—Friday: Intake office
631-370-1701

CPEP — Comprehensive Psychiatric Emergency Program, Stony Brook University Hospital (all ages)
631-444-6050
Stonybrookmedicine.edu/patientcare/cpep

National Suicide Prevention Lifeline
24 hour access
1-800-273-TALK
1-800-273-8255
TTY: 1-800-799-4TTY
1-800-799-4889
www.suicidepreventionlifeline.org

MENTAL HEALTH HOLINES

Response Hotline
24 hour access
631-751-7500
Free Crisis Counseling
www.responsecrisiscenter
English & Spanish Crisis hotline
Support hotline
Online chat crisis counseling
Runaway hotline

Talbot House
24 Hour Substance Abuse
Crisis Hotline
631-589-4144

Veteran's Crisis Line
800-273-8255 x1

CLINICS

Family Service League — East End
7555 Main Road, Mattituck, NY 11952
631-298-8642
316 Accabonac Rd., E. Hampton, NY 11937
631-324-3344
208 Roanoke Ave., Riverhead, NY 11901
631-369-0104
40 Main Street
Westhampton Beach, NY 11978
631-288-1954
www.fsl-li.org

Patchogue Geriatrics Community Services and Referrals
631-475-7108

Peconic Center-Pilgrim State Outpatient Clinic
550 East Main St. Suite 103
Riverhead, NY 11901
631-369-1277
Age 18 +

Riverhead Mental Health Center
300 Center Drive
County Center on County Road 51
Riverhead, NY 11901
631-852-1440
Youth & adults

Synergy Center
1380 Roanoke Ave.
Riverhead, NY 11901
631-369-0022x1202

CASE MANAGEMENT

Suffolk County Adult SPOA
632-853-6204

Association for Mental Health & Wellness
Health Home Care Coordination
631-369-4418

ACT TEAM

"Assertive Community Treatment Team"
East End Act Team, Family Service League
75 East Main St., Riverhead, NY 11901
631-284-2565

PROGRAMS

Maryhaven PROS East
"Personalized Recovery Oriented Services"
127 West Main St., Riverhead, NY 11901
631-727-4044, 631-727-0710, fax: 727-6531

Maryhaven Day Hab. East
240 West Main St., Riverhead, NY 11901
631-727-0710 fax: 727-8742

Synergy Center—a "PROS" program for psychiatric rehabilitation
1380 Roanoke Ave.
P.O. Box 1388, Riverhead, NY 11901
631-369-0022 x1202

Eastern Suffolk Recovery Center
A peer run program of activities designed to engage individuals in their community and nurture their individual passion in life.
Katherine Tollefsen, Program Coordinator
631-369-4418x1901

MICA CLINICS and SERVICES
(MENTAL ILLNESS & CHEMICAL ABUSE)

Family Service League
North Fork Counseling Program
7555 Main Road, Mattituck, NY 11952
631-298-8642
See also Westhampton Beach & East Hampton
Sites on previous listing

Maryhaven PROS East
127 West Main St., Riverhead, NY 11901
631-727-4044, ext. 205 Fax: 727-6531

Seafield Center Riverhead Outpatient
Substance Abuse Rehabilitation
212 & 230 West Main St., Riverhead, NY
631-369-7800
Ages 13+
English & Spanish
Seafieldcenter.com/riverhead-outpatient-rehab
Intake @ seafieldcenter.com
Most insurances accepted

SUBSTANCE ABUSE – ADDICTION SERVICES

Catholic Charities
Chemical Dependence Treatment
31 E. Montauk Hwy, Hampton Bays, NY
631-723-3362 Fax: 631-723-3365
www.catholiccharities.cc

Eastern Long Island Hospital
Quannacut Rehab & Detox
201 Manor Place, Greenport, NY
Inpatient -4631-477-8877
Outpatient 631-369-8966
www.elih.org

John T. Mather Memorial Hospital
Chemical Dependency Clinic
70 North Country Rd., Port Jefferson, NY
631-473-1320
Matherhospital.org
Phoenix House Outpatient Program
87 Springs Fireplace Road, PO Box 3067
East Hampton, NY 11937
631-329-0373 Fax: 631-907-9345
www.phoenixhouse.org

CHILD and ADOLESCENT PSYCHIATRIC CARE

Sagamore Children's Psychiatric Center
197 Half Hollow Rd,Dix Hills, NY 11746
Ages 6-17, Inpatient and outpatient
631-370-1700
www.omh.ny.gov/omhweb/facilities/scpc

Long Island Children's Mobile Integration Team
631-370-1701

Family Service League– East End
Mattituck — 631-298-8642
East Hampton — 631-324-3344
Riverhead — 631-369-0104

Lift — Long Island Families Together, Inc.
Parent information & advocacy
21 Greene Ave., Amityville, NY 11701
631-264-5438 ext. 103
www.lift4kids.org

Suffolk County Coordinator of Children's Services
631-853-8513

CHILD and ADOLESCENT PSYCHIATRIC CARE cont'd

Brunswick Hall
81 Louden Avenue, Amityville, NY
Adolescents ages 12– 17
631-789-7000
brunswickhospitalcenter.org

John T. Mather Memorial Hospital
Adolescent inpatient psychiatric treatment ages 12 +
70 North Country Road
Port Jefferson. NY
631-473-1320
Matherhospital.org

South Oaks Hospital
Inpatient for ages 5-18, 631-608-5610
Partial hospitalization for adolescents, adolescents ages 13-18
Outpatient for ages 5+, 631-608-5028
Vocational and educational 15 day diagnostic treatment program,
400 Sunrise Highway, Amityville, NY
South-oaks.org

Stony Brook Children's Psychiatric Center
Child inpatient treatment –ages 5-12
Nichols Road, Stony Brook, NY
631-444-KIDS

GOVERNMENT MENTAL HEALTH SYSTEM

New York State Office of Mental Health
Albany, NY
1-800-597-8481

NIMH– National Institute of Mental Health
Bethesda, MD
1-866-615-6464
www.nimh.nih.gov

NYS-OMH, Long Island Field Office
Pilgrim Psychiatric Center
998 Crooked Hill Road, Bldg. #3
West Brentwood, NY 11717
631-761-2886

Community Mental Hygiene Services Suffolk County
North County Complex
Building C928
725 Veterans Memorial Highway
P.O. Box 6100
Hauppauge, New York 11788
631-853-8500

HOSPITALS

Brookhaven Memorial Hospital
Inpatient psychiatry, emergency evaluation,
outpatient mental health and chemical dependency
101 Hospital Rd, Patchogue, NY 11772
Phone: 631-654-7100
www.brookhavenhospital.org

Brunswick Hospital Center
Adult and geriatric psychiatric treatment
81 Louden Ave., Amityville, NY
631-789-7000
Brunswickhospitalcenter.org

Eastern Long Island Hospital
Adult inpatient psychiatric treatment
201 Manor Place, Greenport, NY
Phone: 631-477-1000
ELIH.org

John T. Mather Memorial Hospital
Adolescent & adult inpatient psychiatric treatment
Partial Hospitalization
Eating Disorder clinic
Outpatient mental health clinic
70 North Country Road, Port Jefferson, NY
Phone: 631-473-1320
Matherhospital.org

Pilgrim State Psychiatric Center
Psychiatric screening, inpatient, outpatient, residential &
transitional services
998 Crooked Hill Road, W. Brentwood, NY
Intake Phone: 631-761-2559 or 631-761-3500

HOSPITALS

Stony Brook University Hospital CPEP

Emergency diagnostic evaluations, child inpatient treatment to age 12, adult inpatient treatment, & outpatient treatment
Nichols Road, Stony Brook, NY
CPEP Phone: 631-444-6050
Outpatient: 631-444-2570

St. Catherine of Siena Hospital

Adults 18+ inpatient psychiatric treatment
50 Route 25A, Smithtown, NY
Phone: 631-862-3000
ER: 631-862-3111

South Oaks Hospital

Inpatient for ages 5-12; 12-18; adult & geriatric
Partial hospitalization for adolescents 13-18 and adults
Outpatient for ages 5+ Vocational & educational 15 day diagnostic day treatment program
Inpatient—631-608-5610
Outpatient—631-608-5028
400 Sunrise Highway, Amityville, NY 11701
South-oaks.org

EMPLOYMENT SERVICES

ACCES-VR (Adult Continuing Career Education Services -Vocational Rehabilitation) Formerly known as VESID
524 East Main St., Ste. 206
Riverhead, NY 11901
631-727-6496

Suffolk County One-Stop Employment Center
Suffolk County Dept. of Labor,
17 North County Complex
725 Veterans Memorial Hwy.
Hauppauge, NY
631-853-6600

Workforce New York One-Stop Career Center
New York State Dept. of Labor
160 South Ocean Avenue
Patchogue, NY 11772-3719
631-687-4800

Maryhaven Center of Hope Vocational Program
Member of Catholic Health Services of Long Island
445 County Road 101 (Sills Road)
Yaphank, NY 11980-9623
631-924-5900
www.chs_li.org

HOUSING

SOCR
(State Operated Community Residence)
1272 Montauk, Hwy., Water Mill, NY 11976
631-283-2645

SPOA & SPA (Single Point of Access)
631-231-3562
spahousingLI.org
**__NOTE:__
All applications for adult housing are processed through SPOA

Concern for Independent Living
312 Expressway Dr. South, Medford, NY
631-758-0474

The Way Back
1401 Main St., Port Jefferson, NY
631-928-0202

Options for Community Living
202 E. Main St., Smithtown, NY
631-361-9020

ADD (Aid to the Developmentally Disabled)
901 E. Main St., Suite 508, Riverhead, NY
631-727-6220

COUNSELORS

GLENN S. CUYJET, NCC, LMFT, LMHC

Cuyjet Associates
50 Station Rd.,Bldg. 4, Ste. 2, Watermill, NY 11968
Phone: 631-283-4999 Fax: 631-287-1035

SPECIALTY: Individual, Couple, Marriage and family, Mental health, child guidance, psychotherapy

DEGREE/TRAINING: BA, Brandeis University; MS, Long Island University; NCC National Board Certified Counselor; NYS licensed in marriage and family counseling and mental health counseling; NYS Certified Mediator; Certified in Clinical Hypnosis; Certified Qigong Instructor

LANGUAGES: English

MARY CANNON, LMHC, CSAC, CRC, MSED.

69 Surfside Ave, PO Box 1300, Montauk, NY 11954
Phone/ Fax: 631-238-5060
Email: marycan@optonline.net

SPECIALTY: Mental Health Issues, addiction counseling, court evaluations; Practical solutions to disability problems, vocational/career counseling, grief counseling, anger management

DEGREE/TRAINING: Masters Early Childhood Education, Certificate in Geriatric counseling, Certified Rehabilitation Counselor, Certified Mental Health counselor, Certified
Alcohol and Substance Abuse Counselor

LANGUAGES: English

INSURANCES: None

COUNSELORS

DR. ALLEN L. FEIN

365 County Rd. 39A, Suite 11, Southampton, NY
Phone: 631-283-6446 Fax: 631-283-9827

SPECIALTY: Medical Acupuncture; Family practice; Treatment of Opioid addictions with Suboxone and Vivitrol

DEGREE/TRAINING: NYS licensed physician with Stony Brook Medicine; Board Certified Diplomate; Certified in Medical Acupuncture

LANGUAGES: English, French, and Spanish

INSURANCES: Most plans

NEAL M GOLDSMITH, PH.D., LMHC

210 Ferry Road, Sag Harbor NY 11963
Phone: (347) 743-1110, 631-725-0098
Email: goldsmith.neal@gmail.com, www.nealgoldsmith.com

SPECIALTY: Transpersonal psychology;
psycho-spiritual development; drugs and youth

DEGREE/TRAINING: Ph.D., Psychology, Claremont Graduate University; MA Counseling, New York University, NY State Licensed Mental Health Counselor

LANGUAGES: English

INSURANCES: None

COUNSELORS

TORY MASTERS

P.O. Box 1223, Water Mill, NY 11976
Mailing Address: 29 Mill Pond Lane, Water Mill, NY
Phone: 917-494-0762
Email: torymasters@gmail.com
www.PeerRecoveryServices.com

SPECIALTY: Peer recovery specialist & counselor; Senior peer facilitator for mental health support groups for mood disorders, depression, & bipolar disorder

DEGREE/TRAINING: Certified peer specialist, CPS Certified Psychiatric Rehabilitation Practitioner, CPRP

LANGUAGES: English

INSURANCES: N/A

VICTORIA A. MULVEY, LMHC, NCC

6 Evergreen Court, East Quogue, NY 11942
Phone: 631-728-5723 Fax: 631-728-5723
Email: vfmulvey@optonline.net
www.VictoriaMulvey.com

SPECIALTY: Substance Abuse/Chemical Dependency, 12-Step programs, children of chemically dependent parent(s), anxiety/depression, grief, anger, spirituality

DEGREE/TRAINING: MS, LMHC,NCC, 30 years Al-Anon, 16 years Alateen sponsor

LANGUAGES: English

INSURANCES: Self –pay, clients may be reimbursed by their insurance company

COUNSELORS

DIANA NASH, MA, LMHC

404 E. 76th st., Ste.3D, NY, NY 10021
4 Jonathan Dr., East Hampton, NY 11937
Phone: 646-420-2277
www.cope-with-loss.com

SPECIALTY: Loss & bereavement counseling for individuals & groups; grief therapy for blended, extended, & disenfranchised family members

DEGREE/TRAINING: MA & Advanced Certificate in Counseling Psychology, NYU; Certified in Thanatology; NYS licensed Mental Health Counselor

LANGUAGES: English

INSURANCES: Sliding scale fees

THERAPISTS

SHERRI HALUCHA, LMFT

17 School Street, Hampton Bays, NY 11946
Phone: 631-276-5271 Fax: 631-728-5369

SPECIALTY: Adults, Adolescents & Children, Family, Couples Therapy, Womens Issues, Codependency, Mood Disorders, Anxiety, Depression, Stress Management, Communication Skills, Relationship Issues

DEGREE/TRAINING: Masters Marriage and Family Therapy ; MFT, LMFT

LANGUAGES: English

INSURANCES: Contact for information

CREATIVE HEALING & WELLNESS INC.
DANA BORDSEN MA,ATR-BC, LCAT,UZIT

21 E. 2nd St., #105, Riverhead, NY
Phone: 631-488-1790
Website: creativehealingandwellnessny@gamail.com

SPECIALTY: Anxiety, Stress Management, Grief/Loss, Depression, Pain Management, Conflict Resolution

DEGREE/TRAINING: M. A. Hofstra University

CERTIFICATION: Licensed Creative Arts Therapist, Board Certified Art Therapist, Urban Zen Integrative Therapy Certification, Reiki Practitioner, Alzheimer' s AFA Dementia Care Partner

LANGUAGES: English

INSURANCES: N/A

NURSE PRACTITIONERS

CATHERINE O' BRIEN, MS, NPP,APRN

Mental Health Consultation Services, PC
351 Meeting House Ln., Southampton, NY 11968
Phone: (631) 283 6720
637 Veterans Highway, Smithtown, NY
Phone: (631)-656-9761 or (631) 543-0146
Fax: 631-656-9765
Email: COBPSYCH@AOL.COM

SPECIALTY: Adults & adolescents, mental health, mood disorders, adult and adolescent ADD/ ADHD, anxiety disturbances, adjustment disorders; Schizophrenia; Pharmacologic services; Court and Motor Vehicle evaluations

DEGREE/TRAINING: New York State certified Nurse Practitioner in Psychiatry; MS, Nurse Practitioner in Psychiatry, SUNY Stony Brook; Member, American College of Forensic Examiners, Certified Mental Health & Crisis Intervention, Cert. Homeland Security Preparation & Response Teams

LANGUAGES: English

INSURANCES: Most insurances accepted

DIANE BOARO, MSNNP PSYCHIATRY

3771 Nesconset Hwy.,Ste. 208
South Setauket, NY 11720
12 Oak St., Ste. 3, Westhampton Beach, NY 11978
Phone: (631) 689-2055
Email:DBoaroMSNPP@aol.com
www.DianeBoaroNursePractitionerPsychiatry.com

SPECIALTY: Medication management, mental health evaluations, and psychotherapy, individuals, families, depression, mood disorders, addictions, behavioral issues

DEGREE/TRAINING: Family Psychiatric Mental Health Nurse Practitioner of Psychiatry

LANGUAGES: English

INSURANCES:

PSYCHIATRISTS

MINDY PRAGER,MD

80 White Street
Southampton, NY 11968
Phone: 631-833-8569

SPECIALTY: Adult psychiatry, integrated psychopharmacology and psychotherapy

DEGREE/TRAINING: Albany Medical college BS/MD , Beth Israel Medical Center psychiatry residency: Albany Medical college BS/MD

LANGUAGES: English

INSURANCE: None. Will assist patients in obtaining their out of network benefit reimbursements.

LEA DE FRANCISCI LIS, MD

46 Main Street, Southampton, NY 11968
Phone/Fax: (631) 204-6984
Email: leadef@gmail.com, www.mindfulkid.com

SPECIALTY: Child and Adolescent Psychiatry

DEGREE/TRAINING: M.D. , NY Medical College; BA, Dartmouth College; Fellowship, NYU Child Study Center

LANGUAGES: English

INSURANCE: Tricare and Island Group

PAUL D. GARSON, MD

Director of Mental Health Services at Southampton Hospital
325 Meeting House Lane, Bldg. 2, Suite 301
Southampton, NY 11968 Phone: 631 283-4048 Fax: 631-283-5396
SPECIALTY: Adult psychiatry

DEGREE/TRAINING: Albany Medical College, Denver General Hospital

LANGUAGES: English

INSURANCES: Most insurances accepted

PSYCHOLOGISTS

DIANE BROOKS, PSY. D.

587 Montauk Highway, East Moriches, NY 11940
Phone: 631-288-3584

SPECIALTY: Depression & anxiety, Cognitive Behavioral Therapy; adolescents & adults, anger management

DEGREE/TRAINING: Doctorate in Clinical Psychology, Long Island University; NYS licensed Psychologist

LANGUAGES: English

INSURANCES: Healthnet, Value Options, Empire Plan for Government Employees

CHRISTINE COOLIDGE, PH.D.

Hampton Pain and Stress Center
18 Duckwood Lane, Hampton Bays, NY 11946
186 W. Montauk Hwy., Hampton Bays
Phone: 631-728-2000 Fax: 631-728-2880

SPECIALTY: Cognitive/Behavioral Therapy; Pain & Stress Therapy

DEGREE/TRAINING: NYS Licensed Psychologist; Clinical Specialist Psychiatric Registered Professional Nurse; Registered Professional Nurse; Board Certified in Neurofeedback; Board Certified in Biofeedback; Board Certified in Pain Management; Certified in Stress Management Education

LANGUAGES: English

INSURANCES: Traditional Medicare

PSYCHOLOGISTS

MARTIN DINER, PH.D.

22 Deerwood Path
P.O. Box 578, Sag Harbor, NY 11963
Phone: 631-725-2132 Fax: 631-251-0068
MDINER@OPTONLINE.NET

SPECIALTY: Adolescent, child, family and couple Therapy,psychoeducational

DEGREE/TRAINING: Ph.D. in Clinical Psychology; MS in School Psychology; NYS licensed Psychologist

LANGUAGES: English

INSURANCES: Payable with out of network benefits

NICHOLAS KARDARAS, PH.D., LCSW-R

201 Fort Pond Blvd., East Hampton, NY 11937
Phone: 347-528-8108
www.drkardaras.com

SPECIALTY: Substance and Digital addiction, Existential Crises, life transitions, bereavement, Psycho-spiritual growth. Individual & family Therapy; adolescents

DEGREE/TRAINING: Master of Social Work, SUNY Stony Brook; NYS licensed social worker; Ph.D. in Psychology

LANGUAGES: English and Greek

INSURANCES: none

PSYCHOLOGISTS

JOEL KAYE, PHD

352 Montauk Highway
Wainscott, NY 11975
PO Box 695
Wainscott, NY 11975
Phone: 917-673-4362 Fax: 631-537-1831
tlgdjk1@gmail.com

Specialty: Mindfulness based psychotherapy, cognitive behavioral therapy, acceptance and commitment therapy

DEGREE/TRAINING: Post Doctoral Fellowships at Stanford University and Palo Alto , VA Medical Center; PhD. Clinical Psychology, NY State Licensed

LANGUAGES: English

INSURANCES: none

MARY MONACO KELLER, ED.D.

34 West Water St., Sag Harbor, NY 11963
1570 Old Country Rd., Westbury, NY 11590
Mail: 4 Oak Pl., Southampton , NY 11968
Phone: 631-259-2122 Fax: 631-488-4073

SPECIALTY: All ages, couples, mutually respectful relationships, depression, anxiety, family relationships, self-esteem, trauma & abuse recovery pain & stress management & relaxation therapy

DEGREE/TRAINING: Doctorate in Psychology, Harvard University. NYS licensed Psychologist, NYS Certified School Psychologist, NYS Certified Teacher

LANGUAGES: ENGLISH AND SPANISH

INSURANCES: Medicare, Island Group, NY State Medicaid, Workers Compensation, No Fault

PSYCHOLOGISTS

VALERIE KING, PH.D.

36 Windward Road, East Hampton, NY 11937
Phone: 631-267-3282
valeriekingphd@gmail.com
www.hamptoncognitivescreening.com

SPECIALTY: Lifespan Psychological Services: Neuropsychological Evaluations, Cognitive Screening, Psycho-educational evaluations, Child, Adolescent, Family Counseling, Group Therapy, Adult Individual therapy, Allied health professional at Southampton Hospital. Provides 1 hr. workshops & seminars on a range of mental health & behavioral health issues.

DEGREE/TRAINING: Ph.D. Clinical Psychology, Adelphi University, New York State Licensed Psycholoist, Fielding Grad. University—Postdoctoral Certificate—Neuro-psychology

LANGUAGES: English

INSURANCES: Fee for service, out of pocket, no insurance accepted

ROBERT KUISIS, PH.D.

128 Bridgehampton-Sag Harbor Turnpike
Bridgehampton, NY 11932
PO Box 2065
Bridgehampton, NY 11932
Phone:631-907-0539 Fax: 631-725-2978
Rkuisis@optonline.net

Specialty: Psychoanalytic Psychotherapy

DEGREE/TRAINING: Ph.D. Psychology Post Doctoral Certificate in Psychotherapy & Psychoanalysis

LANIGUAGES: English

INSURANCES: Medicare, Cigna, Emblem, NYSHIP (Beacon)

PSYCHOLOGISTS

DR. SHARYN LAWALL

128 Sag Harbor Turnpike, Bridgehampton,NY 11932
PO Box 993, Riverhead, NY 11901
Phone: 516-982-1111

SPECIALTY: Child & adolescent psycho educational evaluations and psychotherapy

DEGREE/TRAINING: Psy.D. in Child/School Psychology, New York University; NYS licensed Psychologist; NYS certified School Psychologist

LANGUAGES: English

INSURANCES: None

DAVID L. MARCUS, Ph.D., LCSW

42 Roses Grove Road, Southampton, NY 11968
Phone/Fax: 631-283-5866
David.marcus@med.nyu.edu

SPECIALTY: Psychodynamic psychotherapy, adults, geriatrics, mood & anxiety disorders, depression, adjustment & personality conflicts, dealing with chronic illness; family relationships

DEGREE/ TRAINING: NYS Licensed Clinical Social Worker; MSW, New York University; PhD, University of Tennessee

LANGUAGES: English

INSURANCES: Medicare & most others

PSYCHOLOGISTS

STEPHEN MIGDEN, PHD, ABPP & ASSOCIATES
SHERRY HENIG, PHD

998c Old Country Rd., # 414, Plainview, NY 11803
Phone: 516-625-0824 Fax: 516-625-0825
Email: Steve@nexstepsedconsulting.com
www.nextstepsedconsulting.com

SPECIALTY: Special Needs Placement Consultation –we assist families in locating residential and boarding programs for a
variety of psychiatric, substance abuse, behavioral and learning problems.

DEGREE/TRAINING: Steve Migden– BA, ColumbiaU; PhD, NYU; Post Doc Certif, Adelphi U

Sherry Henig BA, Oberliin College; PhD, Catholic U; PostDoc Certif, Adelphi U

INSURANCES: NA

LISA WOLF, MSW, LCSW
Psychotherapist

Office: 2415 Main Street, Bridgehampton, NY 11937
Virtual: Via a Multiply Encrypted, Secure Tele-Health platform
Phone: Text or Call: 212-786-4614
Website: easthamptonpsychotherapy.com/bridgehamptonpsychotherapy.com
Email: info@lisawolftherapy.com

SPECIALTIES: Treatment of Depression, Anxiety, Couples & Complex Couples Problems, Addiction & Early Recovery, Family work with families struggling with member in active use or early recovery, Trauma, Grief & Complicated Grief, Life Coaching

DEGREE/TRAINING/EXPERIENCE: Masters in Clinical Psychiatric Social Work, COLUMBIA UNIVERSITY, Bachelors in English Literature, UNIVERSITY OF CALIFORNIA, BERKELEY Further Training & Certifications: Couples therapy: multiple modalities / Grief: Complicated Grief - Columbia University / Treatment of OCD - Columbia University. Experience: Addiction Rehab (inpatient /outpatient), Hospital Psychiatric, Private Practice

LANGUAGES: English

INSURANCE: Out of Network Coverage: significant reimbursement on most insurance plans

LICENSED SOCIAL WORKERS

MAGGIE BLOOMFIELD, LCSW, CASAC

10 Oak St., #3, Westhampton Beach, NY 11978
156 Fifth Avenue, NY, NY 10010
Phone:(631) 288-6394, (631) 922-2312
Fax: (631) 288-8576
Email: Blooming@optonline.net
Maggiebloomfield.com

SPECIALTY: Substance Abuse, Mood Disorders, CBT, Trauma

DEGREE/TRAINING: MSW, Stony Brook University, Licensed Clinical Social Worker, Certified Alcoholism and Substance Abuse Counselor

LANGUAGES: English

INSURANCES: Most major insurances

LINDA BLUM, LCSW, BCD

137 Hampton Road, Southampton, NY 11968
Phone: 631-283-8464
Email: lblumlcsw@gmail.com

SPECIALTY: Depressive - anxiety disorders; Grief— mourning, adults & adolescents

DEGREE/TRAINING: MSW, Columbia University

LANGUAGES: English and French

INSURANCES: Sliding scale

LICENSED SOCIAL WORKERS

DAYLE A. BRENNER, LCSW-R

100 Manetto Rd., Ste. 205, Plainview, NY 11803
122 W. 27th St., 10th Flr., NY, NY 10001
306 Washington St., Ste. 205, Hoboken, NJ 07030
Phone: (516) 662-2612
Email: dabcsw827@aol.com

SPECIALTY: Relationship termination, Separation, Divorce, single counseling & navigation, eating disorders, & emotional disturbances

Degree/Training: Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: All

LISA DE LUCA, LCSW

54895 Rt. 25, Southold, NY 11971
PO Box 45, East Marion, NY 11939
Phone: 631-903-4177
Email: LisaCDeLuca@gmail.com
ww.LisaCDeLuca.com

SPECIALTY: Panic disorder, couples, teens, adults, end of life, elderly, DBT, mindfulness, care giving

DEGREE/TRAINING: MSW, Training in family systems theory Certification

LANGUAGES: English

INSURANCES: Medicare, Empire, and BC/BS

LICENSED SOCIAL WORKERS

SUSAN DINGLE, LCSW, CASAC

53840 Main Rd. , Southold, NY 11971
P.O. Box 56, New Suffolk NY 11956
Phone: 631-734-8658, 631-496-2075
Fax: 631-734-6767
www.susandingle.com

SPECIALTY: substance abuse, codependency, transitions, trauma, children of alcoholics

DEGREE/TRAINING: Master of Social Work SUNY Stony Brook, OASAS provider

LANGUAGES: English

INSURANCES: Private pay, Sliding Scale

FRAN DONOVAN, R-LCSW

The Professional Building, East End EMDR
9 No. Main Street, Suite 6, East Hampton, NY 11937
Phone: 631-329-1314 Fax: 631-324-9247
Email: frandonovan1@gmail.com
Website: www.FRANDONOVAN.com

SPECIALTY: EMDR (performance and trauma), recovery, eating disorders, addictions, PTSD, ADD, grief, anxiety, depression Senior consultant & facilitator @ EMDR Institute & EMDRIA

DEGREE/TRAINING: Master of Social Work; National Family Mediator trained; EMDR Senior Facilitator, School social work specialist, Red Cross Mental Health Disaster

LANGUAGES: English

INSURANCES*:* out of network, sliding scale fees

LICENSED SOCIAL WORKERS

ALEXANDRA FEELY, R-LCSW

200 Pantigo Place, Suite M, East Hampton, NY 11937
Phone: 631-329-2425 Fax: 631-329-6340

SPECIALTY: Domestic Violence; Individual and couples counseling

DEGREE/TRAINING: Master of Social Work Degree; New York State Licensed Clinical Social Worker

LANGUAGES: English and fluent Spanish

INSURANCES: None

LARAINE D. GORDON LCSW-R

Time for Teens 631-338-7258
26 Henry Street Southampton, NY 11968
laraine@larainegordon.com
www.larainegordon.com
www.time4teens.org

SPECIALTY: Bereavement, adolescents and addictions.

DEGREE/TRAINING: BS in Psychology, MSW in Social Work.
Masters of Social Work LCSW-R

LANGUAGES: English

INSURANCES: BCBS AETNA, Value Options.

LICENSED SOCIAL WORKERS

BERNADETTE GILDEA, LCSW

298 Middle Road, Riverhead, NY 11901
8 Sterlington Plaza, Greenport, NY 11944
Mailing Address: P.O. Box 1812
Shelter Island, NY 11964
Phone: 631 477-3700 Fax: 631 369-0130
Email: Bernadettegildea@aol.com

SPECIALTIES: Individual, marriage, family

DEGREE/TRAINING; Social Work, MSW

LANGUAGES: English

INSURANCES*:* Blue Cross, HIP, UBH, United HealthCare, Oxford, Cigna, Anthem, Emblem, GHI, 1199-National Local, Island Group

SUSAN S. GRIFFIN, R-LCSW

110 Jermain Ave., P.O. Box 1551, Sag Harbor, NY 11963
Phone/Fax: 631-725-2978
susangriffin@optonline.net

SPECIALITY: Individuals over 18

DEGREE/TRAINING: Master of Social Work, New York State Licensed Clinical Social Worker

LANGAUGES: English

INSURANCES: None

LICENSED SOCIAL WORKERS

CHARLES GRECO M.A., R-CSW, BCD

701 Rt. 25A
Rocky Point, NY 11778
4 Joann Ct.
Eastport, NY 11941
Mailing Address: PO Box 32, Wading River, NY 11792
Phone: 631-929-1400

SPECIALTY: PTSD, Veterans, Adolescents, Grief

DEGREE/TRAINING: MA Psychology, MSW

LANGUAGES: English

INSURANCES: Most

NELLA HAHN, R-LCSW

500 Pleasure Drive
Riverhead, New York 11901
Phone: 212-888-2888 Fax: 631-369-9819
nelhahn@aol.com
www.hamptontherapy.com

SPECIALTY: Affairs, Incest, Relationships, Transitions, Anxiety, grief/ bereavement, depression

DEGREE/TRAINING: NYS licensed Master Social Worker; Certificates in: Gerontology, physical fitness for older adults, bioethics & medical humanities, Suffolk Institute of Psychoanalysis, Hunter School Of Social Work

LANGUAGES: English

INSURANCES: Medicare, EAP

LICENSED SOCIAL WORKERS

CHRISTOPHER HALUCHA, MSW, LCSW-R

17 School St., Hampton Bays, NY 11946
Phone: 631-276-5147 Fax: 631-728-5369
Email: chalucha@yahool.com

SPECIALTY: Children, Adolescents, Family, Couples, Mood Disorders, Depression, Anxiety, PTSD, Personality Disorders, Autism Spectrum, Grief/Loss, Social Skills, Phobias, Crisis, Addictions

DEGREE/TRAINING: Masters Degree Social work, DBT, CBT, CISD, CISM, Addictions.

LANGAUGES: English

INSURANCES: All insurances accepted

ELLEN HENSCHEL, LCSW, CASAC

425 East 86th Street, New York, NY 10028
615 Broadway, (lower level),Hastings on Hudson, NY 10706
Phone: 212-369-7885, 917-822-3525
Fax: 914-478-1217
EHENSCHEL@AOL.COM
www.psychologytoday.com

SPECIALTY: Individuals, couples, addictions, depression; available for skype/telemental health sessions

DEGREE/TRAINING: Master of Social Work degree; NYS licensed social worker; certified in substance abuse counseling; psychoanalytic training

LANGUAGES: English

INSURANCES: Oxford, Healthnet, United Healthcare, Aetna, 1199, Medicare, Medicaid, Cigna, Value Options

LICENSED SOCIAL WORKERS

SANDI KAUFMAN, LCSW

240 Madison Ave., Ster. 10M, NY, NY 10016
46 S. Main St., Southampton, NY 11968
Phone: 347-658-4678
Sandi@sandikaufman.com

SPECIALTY: Trauma, anxiety, depression, relationships, mindfulness, life transitions

DEGREE/TRAINING: NYU Silver School of Social Work, William Alonson White Institute Intensive Psychoanalytic Psychotherapy Program (one Year)

LANGUAGES: English

INSURANCES: Blue Cross Blue Shield, Cigna, Value Options

TERI KOFF, LCSW, CMC

P. O. Box 5050, East Hampton, NY 11937
Phone: 631-329-5682
eldercarenyc@gmail.com
www.caremanagernyc.com

SPECIALTY: Geriatrics and elder care

DEGREE/TRAINING: Master of Social Work degree, New York University; NY State Licensed Clinical Social Worker; ACSW, QCSW, DCSW; Care Manager Certification

LANGUAGES: English

INSURANCES: fee for service

LICENSED SOCIAL WORKERS

JEROME LEFF, LCSW, BCD

126 Meadowmere Lane, P.O. Box 135, Southampton, NY 11968
Phone: 631-283-1267, 212-737-1395
Fax: 212-737-6841

SPECIALTY: Couples & psychodynamic treatment

DEGREE/TRAINING: Master of Social Work degree; NYS Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: Oxford, Aetna, Empire

THOMAS F. LIVOTI, LCSW-R

238 Long Neck Blvd., Riverhead, NY 11901
Phone: 631-348-2754
Fax: 631-369-6180

SPECIALTY: Family & marital therapy; addictions, co-dependency & recovery counseling

DEGREE/TRAINING: Master of Social Work; LCSW-R; ACSW; Social Work Field Instructor; Alcohol Counselor, South Oaks Hospital; Certified Diplomate, APA; Clinical Pastoral Education training; Trained HIV Counselor

LANGUAGES: English

INSURANCES: Medicare, Oxford, United Healthcare, Blue Cross/Blue Shield, HIP, Aetna, Island Group, Tricare, Healthfirst, Vytra, MSN, Value Options

LICENSED SOCIAL WORKERS

EILEEN MANGINO, LCSW,CASAC-T, EMDR-II

36 East 2nd. St., Riverhead, NY
Mailing Address: PO Box 1851, Riverhead, NY 11901
Phone: 631-495-0372 Fax: 631 369-4585
Email: elmangino@gmail.com

SPECIALTY: Adults over 18 and couples. Anxiety, depression, trauma, substance abuse, other behavioral addictions, life transitions

DEGREE/TRAINING: BA, UC Berkeley; MSW, Stony Brook University; National Institute for the Psychotherapies, Psychodynamic Certificate; EMDR Institute, Levels 1-2; Imago Relationships Int'l, Certified Imago Relationship Therapist; NYS Credentialed Alcohol & Substance Abuse Counselor (Trainee) and NYS Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: In-Network: Medicare, Blue Cross/Blue Shield, Cigna. Out-of-Network: NYSHIP(Beacon) and Aetna

LAURIE MARSDEN, LCSW

91 Harbor Watch Ct.
Sag Harbor, NY 11963
Phone: 631 919-5007 Fax: 631 899-3185
Email: laurie@lauriemarsden.com

SPECIALTY: Women's issues, Depression On-line therapy program

DEGREE/TRAINING: MSW, Columbia University, BS Columbia University, NYS Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: None

LICENSED SOCIAL WORKERS

MOIRA MASTRO, LCSW, CASAC

13105 Main Road, Mattituck, NY 11952
PO Box 600, Mattituck, NY 11952
Phone: 631-714-2634 Fax: 631-714-2620
www.northforkintegrative.com

SPECIALTY: Anxiety, Depression, Alcohol abuse, Relationship issues, Interpersonal Wellness, Life Coaching

DEGREE/TRAINING: BA Psychology. MSW

LANGUAGES: English

INSURANCES: Medicare, Island Administration Group, Antherm

ISABEL MELTZER, MS, LCSW-R

619 Roanoke Avenue, Riverhead, NY 11901
Phone: 631-208-9219 Fax: 631-727-6605

SPECIALTY: Equine therapy (using horses) with individuals, couples, families and corporate groups

DEGREE/TRAINING: Masters in Education, Dowling College; NYS Licensed Clinical Social Worker, Equine Therapist II: Trained in equine assisted growth and learning

LANGUAGES: English

INSURANCES: Most, except Medicaid

LICENSED SOCIAL WORKERS

KATHERINE MITCHELL, LMSW, CASAC
GREGORY REYNOLDS, LCSW, CASAC

East End Counseling LLC
3330 Noyac Rd, Bldg. D
P.O. Box 3214, Sag Harbor, NY 11963
Phone: 631-899-4575
Eastendcounselingny@gmail.com

SPECIALTY: OASAS/DMV evaluations, Psychotherapy with individuals and families, addictions; substance abuse recovery; alcohol assessments; interventions

DEGREE/TRAINING: NYS Licensed Clinical Social Worker; Certified Alcohol and Substance Abuse Counselor

LANGUAGES: English, French and Spanish

INSURANCES: Sliding scale fees

ALISA NORTON, LCSW, CSAC-T, EMDR

369 Montauk Highway, East Moriches, NY
11700 Main Rd., Ste. 1, Mattituck, NY
Mailing Address: PO Box 818
Remsenburg, NY 11960
Phone: 516-523-7072 Fax: 631-207-0496
Email: Alisanorton@aol.com

SPECIALTY: Anxiety, Depression, Life Transitions, Trauma, Substance Abuse

DEGREE/TRAINING: MSW Stony Brook University, Post Graduate Certification in Drug & Alcohol Abuse, EMDR Institute. NYS Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: Aetna, Medicare, NYSHIP/ Beacon

LICENSED SOCIAL WORKERS

SUE PENNY, LCSW-R

15 Stoney Hill Road, Sag Harbor, NY 11963
Phone/Fax: 631-725-6435

SPECIALTY: Depression, anxiety, trauma, ADD/ADHD, couples, group therapy, EMDR

DEGREE/TRAINING: NYS Licensed Clinical Social Worker; Master of Social Work degree

LANGUAGES: English

INSURANCES: Medicare and many others

DOREEN M QUARANTO, LCSW,RN

Director of Parish Outreach, Most Holy Trinity Church
44 Meadow Way, East Hampton, NY 11937
Phone: 631-324-0134x732 Fax: 631-329-8532
OUTREACH@MHT-EH.ORG

SPECIALTY: Family Counseling & Mediation

DEGREE/TRAINING: Master of Social Work Fordham University; Certificate in Divorce Mediation Columbia University; Family Therapy Ackerman Institute for the Family Licensed Clinical
Social Worker; Registered Nurse

LANGUAGES: English

INSURANCES: none, sliding scale fees

LICENSED SOCIAL WORKERS

MAURA B. QUEALY, LCSW-R, BCD

5 Stony Court, Hampton Bays, NY 11946
Phone/Fax: 631-728-2786
MBRIG51@yahoo.com

SPECIALTY: Anxiety & mood disorders, cognitive therapy, EMDR

DEGREE/TRAINING: New York State Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: Most all insurances & sliding scale fees

ANITA ROSENSHINE, LCSW

533 David Whites Lane
Southampton, NY 11968
Phone: 631-287-7021 Fax: 631-287-7337
Email: ARKATSH@aol.com

SPECIALTY: Depression, anxiety, aging. individuals, couples

DEGREE/TRAINING: Columbia School of Social Work, LCS

LANGUAGES: English

INSURANCES: Medicare

LICENSED SOCIAL WORKERS

ELLEN RUBY, LCSW, CASAC

26 Club Lane, Sag Harbor, NY 11963
Phone/Fax: 631 725-1769
Email: ellenpruby@aol.com

SPECIALTY: Long term analytic psychotherapy; addictions, DWI

DEGREE/TRAINING: MSW, SUNY Stonybrook U, 11 yrs. Post grad training in Modern Psychoanalysis, Center for Modern Psychoanalytic Studies, Manhattan

LANGUAGES: English

INSURANCES: Open to discussion, Medicare

BRUCE E. SAUL, LCSW-R

13105 Main Road, Mattituck
1 George Fox Lane, Shelter Island, NY
PO Box 367, Shelter Island, NY 11964
Phone: 631-871-9933
www.therapist.psychologytoday.com/52570

SPECIALTY: Late adolescents, young adults, adults, couples, life transitions, relationships, depression and anxiety

DEGREE/TRAINING: Master of Social Work degree, New York University, NYS Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: Out of network reimbursement

LICENSED SOCIAL WORKERS

BEVERLY A. SCHMIDT, LCSW

439 Tuthills Ln, PO Box 2817, Aquebogue, NY 11931
285 W. Main St., Ste. 204, Sayville, NY
Phone/Fax: 631-765-8127
Email: Bas1414@optonline.net

SPECIALTY: Individual adult psychotherapy, Depression, Anxiety, Relationships & Codependency issues

DEGREE/TRAINING: Master of Social Work degree; Certified in family therapy; Certified in EMDR, BCD

LANGUAGES: English

INSURANCES: EBCBS, Cigna, Oxford, MHN (Healthnet), Magna Care, Multiplan, Value Options, GHI, Vytra, MDNY, United Behavioral Health, Island

RANDI D. SCHNEIDER, LCSW-R

36 W. Water Street, 2nd floor, Offices at Water Street
P.O. Box 2774, Sag Harbor, NY 11963
Phone: 917-696-2766 Fax: 631-899-2535
Randischneiderlcsw@gmail.com

SPECIALTY: Relationship issues, addictions, adolescents, depression, family therapy, parent/child issues

DEGREE/TRAINING: Master of Social Work degree, NY State Licensed Clinical Social Worker

LANGUAGES: English and Spanish

INSURANCES: Magellan, Aetna, Value Options, HIP, Healthfirst, Fidelis, Healthnet, Empire Blue Cross, Child Health Plus, Cigna

LICENSED SOCIAL WORKERS

VIRGINIA ST. JOHN, LCSW/R

249 Main Street, Amagansett, NY
Mailing Address: PO Box 1121, East Hampton, NY 11937
Phone: 631-478-2538
Fax: 631-527-5156
Email: v-stjohn@hotmail.com

SPECIALTY: Full-spectrum DBT, CBT

DEGREE/TRAINING: MSW Stony Brook University, Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: Case by case basis

VISITING COUNSELORS OF NEW YORK, LCSW, PLLC

PO Box 330. Commack, NY 11725
Phone: 561-698-5511 Fax: 516-418-5377
www.vcofny.org

SPECIALTY: Geriatic and disabled adult mental health, depression, anxiety, grief, life transitions

DEGREE/TRAINING: Group practice of NYS licensed social worker. MSW, LCSW

LANGUAGES: English

INSURANCES: Medicare Part B

LICENSED SOCIAL WORKERS

BETH WHITE, LCSW, CASAC

East Hampton
Phone: 516 658-2057
Email: biwsw@yahoo.com

SPECIALTY: Family, couples, individual, substance abuse, professional burnout, trauma

DEGREE/TRAINING: MSW, Adelphi University LCSW, Arise Interventionist, CASAC

LANGUAGES: English

NANETTE H. YAVEL, PSYD., LCSW

300 Atlantic Ave., Greenport, NY 11944
Phone/Fax: 631-477-8828
Email: Ninayai@aol.com

SPECIALTY: Home visits to elderly clients, children with developmental disabilities, adolescents, adults, & caregivers

DEGREE/TRAINING: Master of SW Hunter College of SW, PsyD Clinical Psychology—California Southern University

LANGUAGES: English

INSURANCES: Medicare, Fidelis, UBH, Optum, 1199, Beacon, Magna Care, Oxford, and GHL

LICENSED SOCIAL WORKERS

KARRIE ZAMPINI ROBINSON, LCSW

FIGHTING CHANCE
34 Bay Street, Sag Harbor
P.O. Box 1358 Sag Harbor, NY 11963
Phone: 631-725-4646 Fax: 631-725-5731
www.fightingchance.org

SPECIALTY: Oncology counseling; patient navigation, resource location; advocacy services

DEGREE/TRAINING: Master of Social Work degree; NYS licensed Social Worker

LANGUAGES: English

INSURANCES: Services are free of charge

ROXINIA LAFFITTE, LMSW

AFFITTE LIFE HEALING
71 Bay Ave Southampton NY 11968
631-259-2556
email: ROXINIA.LMSW@GMAIL.COM
Owner/ Operator Therapist

SPECIALTY: Specializing in trauma and grief counseling

DEGREE/TRAINING: Certified Trauma Therapist, Licensed Social Worker-Certified Grief Counselor

LANGUAGES: English/ Spanish

INSURANCES: N/A

Why Does Stigma Still Exist?

Fear — Lack of exposure

Misunderstanding — Outside pressures

Unfortunately, the media is responsible for many of the misconceptions which persist about mental illness.

Comedians make fun of those with mental illnesses.

What have you done to lessen the stigma?
What will you do in the future to promote understanding and acceptance?

RESOURCE CENTER TO ADDRESS DISCRIMINATION AND STIGMA

www.stopstigma.samhsa.gov
1-800-540-0320

How YOU Can Combat Stigma:

SHARE YOUR EXPERIENCES WITH MENTAL ILLNESS

Your story can convey to others that having a mental illness is nothing to be embarrassed about.

HELP PEOPLE WITH MENTAL ILLNESS REENTER SOCIETY

Support their efforts to obtain & maintain housing and jobs

RESPOND TO FALSE STATEMENTS ABOUT MENTAL ILLNESS OR ABOUT PEOPLE WITH MENTAL ILLNESSES

Many people have incorrect and damaging ideas on the subject… accurate facts and information may help change both ideas and actions

SUPPORT GROUPS

RIVERHEAD RELATIVES

Tuesday 7-8:30pm
Synergy Center
1380 Roanoke Ave.
Riverhead, NY
631-226-3900

PFC JOSEPH DWYER VETERANS PEER SUPPORT GROUP

Wednesdays 6pm
@ East End Counseling PLLC
3330 Noyac Rd., Bldg. D
Sag Harbor, NY
631-899-4575

MENTAL HEALTH FAMILY EDUCATION & SUPPORT

2nd & 4th Wednesday of the month
5:30-7:00pm, nursing education rm., classroom 212,
100 Hospital Rd., Patchogue

EAST END MOOD DISORDERS SUPPORT GROUP

Peer Support Group
Family Support Group
Wellness Institute, Southampton Hospital
240 Meetinghouse La., Southampton, NY
Thursdays 6:30pm
917-494-0762

POSTPARTUM DEPRESSION and PARENTING SUPPORT

POSTPARTUM RESOURCE CENTER OF NEW YORK, Inc.

Support, education & health care referrals to NYS women experiencing pregnancy & postpartum depression
Sonia Murdock, Executive Director
109 Udall Road, West Islip, NY 11795
Phone: 631422-2255 Fax: 631-422-1643
www.postpartumNY.org
Postpartum support group—Nella Hahn, LCSW-R
212-888-2888 nelhahn@aol.com

NATIONAL ASSOCIATION OF MOTHERS' CENTERS

Provides programs of support for parents to share experiences, connect with other parents, and learn about child development
1740 Old Jericho Turnpike, Jericho, NY 11753
Phone: 516-939-6667 1-877-939-6667
www.motherscenter.org

DOMESTIC ABUSE SERVICES

LONG ISLAND AGAINST DOMESTIC VIOLENCE

320 Carlton Ave, Ste. 8000
Central Islip, NY 11706
Safety and Support to victims of domestic violence.
Services include a 24-hour hotline, Safe Harbor shelter, group and individual counseling for adults and children, employment program, court and precinct advocacy, legal services and extensive educational services.
Hotline: 631-666-8833
Sexual assault hotline: 631-360-3606
Office: 631-666-7181 Fax: 631-666-9208
Website: www.liadv.org

THE RETREAT—DOMESTIC VIOLENCE SERVICES

631-329-2200

ADDITIONAL SERVICE PROVIDERS

ASSOCIATION FOR MENTAL HEALTH & WELLNESS

939 Johnson Ave., PO Box 373
Ronkonkoma, NY 11779 631-471-7242
Offers a broad range of "state-of –the-art" rehabilitation & support services, incorporating a "best practices" psychiatric rehabilitation approach. Operates two clinic treatment programs with the "PROS" license.

HOPE FOR DEPRESSION RESEARCH FOUNDATION

www.hopefordepression.org

ED & PHYLLIS DAVIS WELLNESS INSTITUTE

SOUTHAMPTON HOSPITAL
Integrative Medicine to prevent illness & empower individuals to live healthier lives.
240 Meetinghouse La., Southampton, NY 631-726-8800
38 B Montauk Hwy, Hampton Bays, NY 631-728-WELL

EAST END CLINICAL CONNECTION

631-288-1122
An organization of multidisciplinary mental health professionals

FIGHTING CHANCE

34 Bay St., Ste. 201
PO Box 1358, Sag Harbor, NY 11963
Phone: 631-725-4646 Fax: 631-725-5731
www.fightingchance.org
Offers patient navigation & psychosocial needs of patients & families fighting cancer, support groups for Latinos.
All services free of charge

LONG ISLAND COMMUNITIES OF PRACTICE

PO Box 5013, Montauk, NY11954
631-668-4858 info@licop.org www.licop.org
Offers year-round inclusive educational, social and recreational programs to individuals with disabilities and their families. These programs are offered free of charge and include sporting events, exercise, exposure to the arts, social gatherings and educational program supports

ADDITIONAL SERVICE PROVIDERS

LONG ISLAND PARENT CENTER/TRAID

The mission of the Long Island Parent Center of the Center for Community Inclusion LIU, is to provide parents of children with disabilities, in conjunction with the professionals who service their children, with information and resources necessary to promote meaningful involvement in their children's education programs.
516-589-4562
www.Longislandparentcenterliu.org

SEEC —SURVIVORS EMPOWERMENT EMPLOYMENT COUNCIL

Laura Staufiger PR, peer specialist 631-730-1367
Helen Jasuta president ombudsman
10 Harrison Street, Patchogue, NY 11772

SILO — SUFFOLK INDEPENDENT LIVING ORGANIZATION. INC.

SILO works with children, adults and seniors with Disabilities to achieve their personal goals.
3680 Route 112, Coram, NY 11727 631-880-7929

EESEPTO—EAST END SPECIAL EDUCATION PARENT TEACHER ORGANIZAION

A Forum for parents, educators, professionals, & community members to find the support, resources and training needed to best meet the academic, social, emotional & physical needs of the children in their lives.
www.eastendsepto.com
email: eesepto@aol.com

ADDITIONAL SERVICE PROVIDERS

SUFFOLK COUNTY UNITED VETERANS
Assists homeless veterans regain their dignity and independence.
32 Mill Road, Yaphank, NY 11980 631-924-8088

S:US, SERVICES FOR THE UNDERSERVED
Through housing employment, skills--building, treatment, and rehabilitation, and in partnership with the people who come to us for services, we create pathways to a rich and productive life. www.sus.o

SOME STATISITCS…

Mental illness affects about

1 in 5 Americans…

… that's about 57 million people

About 10% of the adult population uses
mental health services of some kind in any year

More than 2 million people are affected by schizophrenia

Mood disorders affect nearly 18 million adults each year

TOWN OF SOUTHAMPTON
Department of Community Services

includes Community Advocacy
for assistance with
social services, entitlements and
some health care issues;
Community Grants,
Domestic Violence Victims Advocacy,
Veterans Advisory Committee,
the Disabilities Advisory Committee
and Honor Flight Long Island.

Info is also available for Southampton
Town Seniors Services, Transportation Services,
Adult Day Care Programs, and
the Southampton Town Youth Bureau.

Southampton Town Hall
116 Hampton Road
Southampton, NY 11968
Community Services: 631.702.2423
Senior Services 631.728.1235
Youth Bureau 631.702.2425

TOWN OF EAST HAMPTON
DEPARTMENT OF HUMAN SERVICES

128 Springs Fireplace Road
East Hampton NY 11937
Tel: 631-329-6939

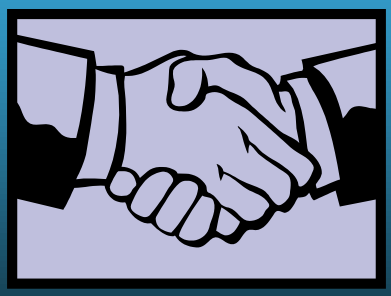
REFFERAL AND CASE MANAGEMENT -
INFORMATION
REFERRALS
ASSISTANCE WITH ACCESSING ENTITLEMENTS ADVOCACY
For Information call - 631-329-6939
Bi-lingual services also provided

SENIOR NUTRITION PROGRAM - 631-324-6711
IN HOME SERVICES - 631-329-9040
ADULT DAY CARE PROGRAM - 631-324-6449
TRANSPORTATION - 631-324-4443
RESIDENTIAL REPAIR PROGRAM - 631-329-6939
YOUTH PROGRAMS - 631-329-6939
EMERGENCY ASSISTANCE FOR
EAST HAMPTON TOWN RESIDENTS WITH SPECIAL NEEDS
For Information call – 631-329-9040

FREE COUNSELING and CAREGIVER SERVICES FOR SENIORS -
Fridays 10:30-12:30am at East Hampton Senior Center
128 Springs Fireplace Rd.
Call Liliana—631-329-6939

SENIOR WELLNESS PROGRAMS -
Healing Circle & Better Balance with Tai Chi
For Information call – 631-324-6711

NOTES:

NOTES:

This directory
provided
by the
Town of
Southampton
631-702-2420