

East End Substance Abuse & Mental Health Treatment Resources

Stay Physically And Mentally Healthy

The COVID-19 pandemic has been difficult for all Southampton residents to cope with – the abrupt change in our daily routines; the grief, anxiety and uncertainty that come with life during a pandemic, the loss of contact with family, friends, and support systems, and the extra self-care and hygiene that is required are challenging to both our physical and mental health. All these factors have resulted in a steep increase in reports of mental health needs among all groups and a sharp increase in substance use and abuse.

The good news is that there are available resources in our community ready to help you.

Take advantage of these resources as our community works to get back on track, call now!

Crisis Intervention:

Suffolk County Crisis Response DASH			
(Diagnostic Assessment and Stabilization Unit	631-952-3333	Hauppague	
LICADD Substance Abuse 24 hr. Hotline	631-979-1700		
Response Crisis Center Hotline	631-751-7000		
CPEP (Stony Brook Psychiatric ER)	631-444-6050		
Sagamore Children's Crisis Respite House&			
Suffolk Crisis Bed Network	631-370-1701		
Talbot House 24 hr. Substance Abuse Crisis Center	631-589-4144		
The Retreat (Domestic Violence)	631-329-2200		

Outpatient Patient Substance Use Treatment:

Catholic Charities	631-723-3362	Hampton Bays	18+
Family Service League	631-369-0104	Riverhead	18+
Maryhaven Center Of Hope, Inc	631-727-0710	Riverhead	18+
Outreach Adult, Adolescent & Women's Day Rehabilitation	631-286-0700	Bellport	18+
Phoenix House Of Long Island, Inc	631-329-0373	East Hampton	18+
Seafeld Services	631-369-7800	Riverhead	13+
Stony Brook At Eastern Long Island Hospital			
Quannacut Outpatient Services	631-369-8966	Riverhead	18+
The Dunes	631-604-5405	East Hampton	18+
Victory Recovery Partners	631-696-4357	Riverhead	18+
Victory Recovery Partners	631-696-4357	Shirley	18+
Family Service League	631-924-3741	Mastic	18+

Detox Services:

Long Island Center For Recovery (Licr)	631-728-3100	Hampton Bays	18+
Phoenix House Of Long Island	631-306-5710	Lake Ronkonkoma	18+
Seafeld Center	631-288-1122	Westhampton Beach	13+
Quannacut At Stony Brook Eastern Long Island Hospital	631-477-5234	Greenport	18+
Wellbridge	631-508-5523	Calverton	18+

Inpatient Substance Use Treatment:

Long Island Center for Recovery (LICR)	631-728-3100	Hampton Bays	18+
Seafeld Center	800-448-4808	Westhampton Beach	13+
Quannacut at Stony Brook Eastern LI Hospital	631-477-8877	Greenpoint	18+
The Dunes	631-604-5405	East Hampton	18+
Wellbridge	631-508-5523	Calverton	18+

Residential Treatment:

Phoenix House Of Long Island, Inc	631-537-2891	Wainscot	Men 18-30
The Dunes	631-604-5405	Easthampton	18+
Wellbridge	631-508-5523	wellbridge.org	18+

Recovery, Peer and Mutual Aid Services:

Al-Anon / Alateen	631-669-2827	al-anon-suffolk-ny.org
Alcoholics Anonymous	631-669-1124	suffolkny-aa.org
Celebrate Recovery Faith Based		celebraterecovery.com
Codependents Anonymous	516-500-2632	licoda.org
Families Anonymous	516-221-0303	familiesanonymous.org
Gamblers Anonymous	855-222-5542	longisland-ga.com
Heroin Anonymous	631-210-6297	smartrecovery.org
Narcotics Anonymous	631-689-6262	longislandna.com
Thrive Recovery Center	631-822-3396	thrivel.org
Refuge Recovery		refugerecovery.org
Smart Recovery	440-951-5357	smartrecovery.org

Inpatient Mental Health Treatment

Eastern Long Island Hospital	631 477-1000 x5394	Greenport	Adult
Mather Memorial Hospital	631-473-1320 x5820	Port Jefferson	12-17
University Hospital At Stony Brook Health Sciences Center S.U.N.Y.	631-444-2591	Stony Brook	Children
Brookhaven Memorial Hospital	631-654-7760	Patchogue	

Outpatient Mental Health Treatment

Community Counseling Services	631-874-0185	Center Moriches	
Family Service League East Hampton Center	631-324-3344	East Hampton	Adult/Children
Family Service League Mastic Center	631-924-3741	Mastic Center	Adult/Children
Family Service League Mattituck			
Center North Fork Counseling	631-298-8642	Mattituck	Adult/Children
Family Service League Riverhead Center	631-369-0104	Riverhead	Adult/Children
Peconic Center Pilgrim Outpatient Center	631-369-1277	Riverhead	Adult
Riverhead Mental Health Center Adult and Children	631-852-1851	Riverhead	Adult
University Hospital At Stony Brook Clinic Treatment Program	631-444-2570	Stony Brook	Adult (MEN)
University Medical Center Suny Stony Brook	631-632-8850	Stony Brook	Children
Child Psychiatry Clinic Putnam Hall	631-632-9510	Stony Brook	Children
Family Service League Family			
Counseling Center Westhampton Beach Clinic	631-288-1954	Westhampton Beach	Adult/Children
Hampton Psychological Center	631-255-7715	Westhampton Beach	Adult
Southampton Youth Bureau	631-702-2425	Flanders	Youth/Families
Mobile Mental Health Clinic	934-223-6524		

Single Point Access

Suffolk County Division Of Community Mental Hygiene Services	631-853-6204	Hauppague
	631-853-6451	Hauppague

Further Resources

longislandaddictionrecoverycenter.org
southamptontownny.gov/youthbureau
findhelpsouthampton.com



LONG ISLAND
ADDICTION RESOURCE CENTER