Monday  | Tuesday  | Wednesday  | Thursday  | Friday  
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1 BBQ Chicken Word of The Week “Harvest” 8:30 Continental Breakfast & Music- Tony Bennett 9:30 Current Events 11:00 Exercise 11:30 What’s So Special About October 1:00:00 String of Leaves  
2 French Onion Pork 8:30 Hot Breakfast & Music- Tony Bennett 9:30 Current Events 11:00 Exercise 11:30 Discussion-Peanuts 1:00 Trivia  
3 Stuffed Peppers 8:30 Continental Breakfast & Music- Tony Bennett 9:30 Current Events 11:00 Exercise 11:30 Remembering Babe Ruth 1:00 Target Game  
4 Oktoberfest Sauerebraten PARTY DAY= DANCING! 8:30 Hot Breakfast & Music-Broadway Hits 9:30 Current Events 11:00 Celebrating September Birthdays! 1:00:00 Columbus Paint By Numbers  
5 Boston Baked Cod 8:30 Continental Breakfast & Music-Country 9:30 Current Events 11:00 Exercise 11:30 Guess Who…Christopher Columbus 1:00 Music  
8 Word of The Week “Scarecrow”  
CENTER CLOSED  
9 4 Cheese Baked Ziti 8:30 Hot Breakfast & Music- Frank Sinatra 9:30 Current Events 11:00 Exercise 11:30 Remembering Edgar Allen Poe 1:00 Bingo  
10 Popcorn Shrimp w/ Remoulade 8:30 Continental Breakfast & Music-Classical 9:30 Current Events 11:00 Exercise 11:30 Discussion Watergate Scandal 1:00 Shuffleboard  
11 Meatloaf w/ Gravy 8:30 Hot Breakfast & Music- Michael Buble 9:30 Current Events 11:00 Exercise- Dance 11:30 History of the US Navy 1:00 Scarecrow Craft  
12 Peach Balsamic Chicken 8:30 Continental Breakfast & Music-1950’s 9:30 Current Events 11:00 Exercise 11:30 Guess Who…Bing Crosby 1:00 Music  
15 Stuffed Fillet of Sole  
Word of The Week “Acorns”  
8:30 Continental Breakfast & Music-Broadway 9:30 Current Events 11:00 Exercise 11:30 Did You Ever Watch…I Love Lucy? 1:00 Autumn Tree Craft  
16 Beef Burgundy 8:30 Hot Breakfast & Music- Country 9:30 Current Events 11:00 Exercise 11:30 Discussion Dr. MLK Wins Nobel Peace Prize 1:00 Ladderball  
17 Chicken Noodle Casserole 8:30 Continental Breakfast & Music- The Andrews Sisters 9:30 Current Events 11:00 Exercise 11:30 Discussion- San Francisco Earthquake 1:00 21 Questions  
18 Eggplant Parm 8:30 Hot Breakfast & Music-Beach Boys 9:30 Current Events 11:00 Exercise 11:30 Discussion Why So Many Acorns? 1:00 Autumn Wreath  
19 Roast Turkey w/ Pan Gravy 8:30 Continental Breakfast & Music-Disney 9:30 Current Events 11:00 Exercise 11:30 Guess Who…Mickey Mantle 1:00 Music  
22 Pesto Pasta w/ Chicken  
Word of The Week “Pumpkins”  
8:30 Continental Breakfast & Music- Nat King Cole 9:30 Current Events 11:00 Exercise 11:30 Discussion UN Day 1:00 Fall Leaves Craft  
23 Salmon Provençale 8:30 Hot Breakfast & Music-Broadway Hits Hot 9:30 Current Events 11:00 Exercise 11:30 Remembering Johnny Carson 1:00 Scattagories  
24 Stuffed Peppers 8:30 Continental Breakfast & Music- Beach Boys 9:30 Current Events 11:00 Exercise 11:30 Discussion USS Constitution 1:00 Horse Racing Game  
25 Stuffed Rigatoni 8:30 Breakfast & Music- Harry Connick Jr. 9:30 Current Events 11:00 Exercise 11:30 Do You Remember When the Erie Canal Opened? 1:00 Paint Pumpkins  
29 BBQ Chicken Word of The Week “Costumes”  
8:30 Continental Breakfast & Music-1940’s 9:30 Current Events 11:00 Exercise 11:30 Celebrating National Chocolate Day 1:00 Cardboard Tube Mummies  
30 French Onion Pork 8:30 Hot Breakfast & Music- Tony Bennett 9:30 Current Events 11:00 Exercise 11:30 Remembering Orsen Wells 1:00 Witch Craft Color By Number  
31 Stuffed Peppers 8:30 Continental Breakfast & Music- Tony Bennett 9:30 Current Events 11:00 Exercise 11:30 History of Halloween 1:00 Bowling 12:00 Caregiver’s Support Group (lunch served)  
Everyday Activities  
9:30 Current Events 11:00 Exercises 11:30 Lecture 12:00 Lunch 1:00 Game, Craft or Music