

-MONDAY-	-TUESDAY-	-WEDNESDAY-	-THURSDAY-	-FRIDAY-
<p>1 Salisbury Steak 9:00 Rummikub 11:00 BINGO</p> <p>----- Canada Day Word Search  -----</p>	<p>2</p> <p>CENTER CLOSED</p> <p>Join us in Hampton Bays for activities and lunch!</p> <p><i>please join us</i></p>	<p>3 Grilled Chicken Caesar Salad 9:00 Open Table Games 9:45 Exercise w/ Larry 11:00 BINGO</p> <p>----- Independence Day Word Search  -----</p>	<p>4</p> <p>CENTER CLOSED</p> 	<p>5</p> <p>CENTER CLOSED</p> 
<p>8 Apple Glazed Ham 9:00 Rummikub 11:00 BINGO</p> 	<p>9 Swedish Meatballs w/ Gravy 9:00 Rummikub 9:00 SCOFA Advocate-Frank Masterson 11:00 Coffee & Conversation </p>	<p>10 Herb Roasted Chicken 9:00 Open Table Games 9:45 Exercise w/ Larry 11:00 BINGO</p> <p>6:00 Grandparents Raising Grandchildren Support Group-HBSC (dinner served @ 6m)</p>	<p>11 Parmesan Crusted Codfish 9:00 Rummikub 10:00 Chair Yoga 11:00 Cornell Cooperative Ext. Nutrition Presentation 1:00 Duplicate Bridge</p>	<p>12 Chef Salad 9:00 Open Table Games 9:45 Exercise w/ Larry</p> <p>----- Bastille Day Word Search  -----</p>
<p>15 Stuffed Salmon 9:00 Rummikub 9:45 Movie Day- "Welcome to Marwen"  11:00 BINGO</p>	<p>16 Vegetable Lasagna 9:00 Rummikub 11:00 Coffee & Conversation </p> <p>----- Picnic Word Search  -----</p>	<p>17</p> <p>SENIOR PICNIC @ RED CREEK PARK 9:30-3:00pm</p> 	<p>18 Grilled Teriyaki Steak Salad 9:00 Rummikub 10:00 Chair Yoga</p>  <p>1:00 Duplicate Bridge</p>	<p>19 Chicken Parmesan 8:30 Bus departs for Friday @ the Beach 9:00 Open Table Games 11:00 BINGO</p> 
<p>22 Fried Chicken 9:00 Rummikub 11:00 BINGO</p>  <p>----- Dance Word Search  -----</p>	<p>23 Herb Roasted Pork 9:00 Rummikub 9:30 FAN FOOD @ BISHOP RYAN 11:00 Coffee & Conversation </p>	<p>24 Popcorn Shrimp w/ Remoulade 9:00 Open Table Games 11:00 Massage w/ Loretta</p> <p>6:00 Adult Children's Support Group-HBSC</p>	<p>25 Spinach Salad w/ Bacon, Mushrooms, Cheese, Tomato & Egg 9:00 Rummikub 10:00 Chair Yoga 11:00 Sing Along </p> <p>1:00 Duplicate Bridge</p>	<p>26 11:00 In & Out of the Garden w/ Mary</p> <p>----- Summer Birthday Bash - "A Royal Reception" (pre- registration required) </p> <p>----- 2:30 Book Discussion Group- "Etched in Sand" -HBSC</p>
<p>29 Salisbury Steak 9:00 Rummikub 11:00 BINGO</p> <p>----- Fishing Word Search  -----</p>	<p>30 Stuffed Peppers 9:00 Rummikub 11:00 Coffee & Conversation 4:30 Bus departs for the Shinnecock Star Fishing Trip (pre-registration required) </p>	<p>31 Grilled Chicken Caesar Salad 9:00 Open Table Games 9:45 Exercise w/ Larry 11:00 BINGO</p>  <p>12:00 Caregiver's Support Group-HBSC (lunch served at 12noon)</p>		<p>Shopping In Bridgehampton Every Friday</p> 