

Senior Shuttle

ESSENTIAL SERVICES/HANDICAPPED TRANSPORTATION SERVICES



Our transportation program is one of our top priorities and important to our seniors and their families. This service can be a lifeline to many seniors enabling them to remain in their own home and community.

This important program is designed to aid residents of the Town of Southampton. It can be used for transportation to and from basic essential services such as shopping, bank, post office, drug store, hair dresser, barber shop, non-emergency medical visits, governmental agencies and hospital/nursing home visitation of a sick spouse.

This service is available to Senior Citizens and/or handicapped individuals within the township Monday through Friday (excluding holidays).

PLEASE NOTE:

- * Transportation will be provided according to a regular planned schedule.
- * Travelers will be taken to the closest shopping/drop off areas whenever possible.
- * The Senior Shuttle Office is open Monday-Friday, 8:30 am to 4:00 p.m.
- * Riders must be residents of the Town of Southampton, at least 60 years of age or handicapped.
- * **PLEASE** register in advance with the Senior Shuttle Office (631) 728-1110.
- * There is a small suggested contribution for this service

SHOPPING SCHEDULE:

- Tuesday:** - East Quogue, Quogue, Hampton Bays to Riverhead
- Wednesday:** - Hampton Bays, Quogue and East Quogue to Hampton Bays
- Thursday:** - Southampton, Tuckahoe, North Sea and Water Mill to Southampton
- Southampton (1st Thursday of every month) to Riverhead
- Friday:** - Noyac, Sag Harbor, Bridgehampton, Sagaponack and North Haven to Bridgehampton
- Flanders, Northampton and Riverside to Riverhead
- Eastport, Speonk, Remsenburg, Westhampton, Westhampton Beach, Flanders, North Hampton and Riverside to Riverhead

For those confined to a wheel chair, transportation to medical appointments via a bus equipped with a hydraulic lift is available. Medical appointments must be made well in advance, and if any type of assistance is needed a responsible adult must accompany the person. Medical appointment times are Monday thru Friday 8:30am-12:30pm, and are taken on a first come-first serve basis so we can serve each of those in need as quickly and conveniently as possible.



www.facebook.com/SHSeniorServices

For Further Information on Senior Citizen Programs:
Senior Services - Main Office
Phone: (631) 728-1235 Fax: (631) 723-3061
E-mail: seniorservices@southamptontownny.gov
www.southamptontownny.gov/seniorservices

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Town of
SOUTHAMPTON

Department of Housing and Community Services
DIVISION OF SENIOR SERVICES
25 Ponquogue Ave., Hampton Bays, NY 11946

Because We Care!

ENHANCING THE QUALITY OF LIFE FOR OUR SENIORS AND FOR THEIR FAMILIES



SENIOR SERVICES
TOWN OF SOUTHAMPTON

Come See How Wonderful Life Can Be!



SENIOR CENTERS, HOME DELIVERED MEALS & RECREATION

Seniors from age 60, come join us for... friendships and fun activities, meals, health and wellness, entertainment... plus volunteer opportunities. Enjoy healthy, comforting meals and share them with new and old friends, in a warm and welcoming setting in one of our Town Community Centers.



Each weekday a variety of activities is offered for fun, education, creativity, and to help you feel vital and connected in a very pleasant and inviting social center. Lunch is served at noon daily and alternate meal choices are available offering the "best deal in town." There is a small suggested contribution for this service. Round-trip transportation is available if necessary.

GRAB 'N GO MEALS Still working? Can't make it to the Center for lunch?

Grab 'N Go Meals are available for pickup every weekday at all 3 of our Town Senior Centers for the same small, suggested contribution as our in-center lunch program. Call your local Senior Center for Details.

HOME DELIVERED MEALS can be provided on a temporary or long-term basis, five days per week, for homebound seniors. Please call one of our three Community Centers to make arrangements that fit your needs.

Of course there are many wonderful **"SPECIAL SENIOR PROGRAMS"**: Recreation, Health and Exercise Classes, Social and Cultural Programs, Trips, Computers and Tablets, Inter-Generational Programs, Book Discussion Group, Monthly Movies, Knitting and Crocheting, Crafts and more...

Program funding provided by the US Administration for Community Living through the New York State Office for the Aging, Suffolk County Office for the Aging and the Town of Southampton.

ADULT DAY CARE

Companionship and stimulation for a special population of the elderly is provided. Whether limited in their ability to function independently, physically impaired, socially isolated, or having Alzheimer's or Dementia, we are able to provide respite, referrals and support for caregivers, while a loved one is in a safe and nurturing environment.

Weekdays, 8:00am - 2:00pm, Monday-Friday a continental breakfast and tasty-hot lunch at the Hampton Bays Town Community Center are part of the program. A full day of activities and transportation are provided for a very reasonable fee.

The **ADULT DAY CARE PROGRAM** is filled with invigorating programs that are both mentally and physically stimulating. These include: exercise, word and memory games, current events, sing-along's, entertainment, reminiscing, recreational games, intergenerational programs and the arts from music, to art and dance.



SUPPORT GROUPS

We believe it is important to feel supported when care-giving. While those being cared for need the best possible care and kindness, so do those who are caring for them. Caregivers, Adult Children of Aging Parents and also Grandparents Raising Grandchildren Support Groups meet regularly. We invite you to join us!

FOR INFORMATION PLEASE CALL: (631) 728-1235



TOWN COMMUNITY CENTERS LOCATIONS & HOURS:

Open Monday-Fridays, 8:30am-4:00pm

FLANDERS/RIVERSIDE | David W. Crohan Comm. CTR - 655 Flanders Rd. | (631) 702-2375

BRIDGEHAMPTON | 585 Sag Harbor Tpk., | (631) 537-3027

HAMPTON BAYS | 25 Ponquogue Avenue | (631) 728-1235

EISEP PROGRAM

EXPANDED IN HOME SERVICES FOR THE ELDERLY (EISEP)... AND HELPING HANDS PROGRAM

For seniors who need at home living assistance Southampton Town provides personalized and thoughtful services through Catholic Home Care. These can include cleaning, shopping, laundry and errands.



SAGE - LI

SAGE - LI HAMPTON BAYS MINGLE

Social group for lesbian, gay, bisexual, transgender (LGBT) seniors and their friends. Meets at the Hampton Bays Senior Center. For information please call: (631) 728-1235

Because We Care!

RESIDENTIAL REPAIR

This program provides household assistance to homeowners and renters, 60 years of age and over, who need assistance with chores that do not require skilled-licensed workers. This is not an emergency service. For a list of the types of repairs offered and/or to schedule an appointment please call Hampton Bays Senior Center, (631) 728-1235.

