

**Towns of  
East Hampton & Southampton**

**East End Mental Health**



**Directory of Service Providers**

**2017 Edition**



The information contained here-  
in is provided for  
informational purposes only.  
The Town of Southampton  
does not endorse any  
of the mental health  
providers listed herein, nor  
should this list be construed  
as a recommendation by  
the Town to promote the  
services of said providers.

## **WHEN SHOULD YOU OR A LOVED ONE SEEK THERAPY?**

When you or a loved one is experiencing stress, depression, or anxiety that interferes with your or with his/her ability to perform daily activities...consider therapy.

If you are having difficulty making decisions, getting out of bed, interacting with family members or friends, or if you are experiencing a loss of appetite, or loss of sleep... consider therapy.

If you are injuring yourself, are addicted to food or substances... therapy would be helpful.  
If you are considering or have hurt or mutilated yourself... therapy is **essential!** If you have attempted suicide or are thinking about it... therapy is **essential!**

Call your doctor, one of the agencies or private practitioners listed in this brochure for an appointment.

***If this is an emergency, call 911 or the Mental Health Hotline at (631) 952-3333 for immediate assistance.***

## **MENTAL HEALTH HOTLINES**

Suffolk County Mental Health Information  
Hotline & Mobile Crisis Team...  
631-952-3333

Sagamore Mobile Crisis Team  
(for children up to age 18)  
Monday—Friday: Intake office  
631-370-1701

CPEP — Comprehensive Psychiatric  
Emergency Program, Stony Brook University  
Hospital (all ages)...  
631-444-6364

National Suicide Prevention Lifeline  
24 hour access  
1-800-273-TALK  
1-800-273-8255  
TTY: 1-800-799-4TTY  
1-800-799-4889  
[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

Response Hotline  
24 hour access  
631-751-7500  
Free Crisis Counseling  
[www.responsehotline.org](http://www.responsehotline.org)

## **CLINICS**

Family Service League — East End  
755 Main Road, Mattituck, NY 11952  
631-298-8642

328 Accabonac Rd., E. Hampton, NY 11937  
631-324-3344

208 Roanoke Ave., Riverhead, NY 11901  
631-369-0104

40 Main Street  
Westhampton Beach, NY 11978  
631-288-1954

Patchogue Geriatrics Community Services  
and Referrals...  
631-475-7108

Peconic Center  
550 East Main St  
Riverhead, NY 11901  
631-369-1277

Riverhead Mental Health Center  
300 Center Drive  
County Center on County Road 51  
Riverhead, NY 11901  
631-852-1440

Synergy Center  
1380 Roanoke Ave. Riverhead, NY 11901  
631-369-0022

## **MICA CLINICS and SERVICES**

Family Service League  
North Fork Counseling Program  
755 Main Road, Mattituck, NY 11952  
631-298-8642

Maryhaven PROS East  
127 West Main St., Riverhead, NY 11901  
631-727-4044, ext. 205 Fax: 727-6531

Seafield Riverhead

### **Substance Abuse –Addiction Services**

Alternatives Counseling Center  
291 Hampton Road, Southampton, NY  
631 283-4440  
518 E. Main St., Riverhead, NY  
631 369-1200

Catholic Charities  
Chemical Dependence Treatment  
31 E. Montauk Hwy, Hampton Bays, NY  
631-723-3362 Fax: 631-723-3365

Eastern Long Island Hospital  
201 Manor Place, Greenport, NY  
Phone: 631-477-1000

Phoenix House Outpatient Program  
287 Springs Fireplace Road, PO Box 3067  
East Hampton, NY 11937  
631-329-0373 Fax: 631-907-9345

## **CASE MANAGEMENT**

CAMERA — Case Management, Evaluation,  
Referral, & Assessment  
631-853-2995

Association for Mental Health & Wellness  
Health Home Care Coordination

## **ACT TEAM**

East End Act Team, Family Service League  
75 East Main St., Riverhead, NY 11901  
631-284-2565

## **PROGRAMS**

Maryhaven PROS East  
127 West Main St., Riverhead, NY 11901  
631-727-4044 fax: 727-6531

Maryhaven Day Hab. East  
240 West Main St., Riverhead, NY 11901  
631-727-0710 fax: 727-8742

Synergy Center  
1380 Roanoke Ave.  
P.O. Box 1388, Riverhead, NY 11901  
631-369-0022

**CHILD and ADOLESCENT**  
**PSYCHIATRIC CARE**

Sagamore Children's Psychiatric Center &  
Mobile Crisis Team  
197 Half Hollow Rd, Melville, NY 11747  
631-370-1701

LIFT — Long Island Families Together, Inc.  
Parent information & advocacy  
21 Greene Ave., Amityville, NY 11701  
631-264-LIFT / 631-264-0762  
[Www.lift4kids.org](http://www.lift4kids.org)

Family Service League— East End  
Mattituck — 631-298-8642  
East Hampton — 631-324-3344  
Riverhead — 631-369-0104

Suffolk County Coordinator  
of Children's Services  
631-853-8513



**GOVERNMENT**  
**MENTAL HEALTH SYSTEM**

New York State Office of Mental Health  
Albany, NY  
1-800-597-8481

NIMH– National Institute of Mental Health  
Bethesda, MD  
1-866-615-6464  
[www.nimh.nih.gov](http://www.nimh.nih.gov)

NYS-OMH, Long Island Field Office  
998 Crooked Hill Road, Bldg. #3  
West Brentwood, NY 11717  
631-761-2225

Community Mental Hygiene Services  
Suffolk County  
North County Complex  
Building C928  
725 Veterans Memorial Highway  
P.O. Box 6100  
Hauppauge, New York 11788  
631-853-3114

Riverhead Clinic  
300 Center Drive  
County Center on County Road 51  
2nd floor  
Riverhead, NY 11901  
631-852-1440

## **HOSPITALS**

### **BROOKHAVEN MEMORIAL HOSPITAL**

Inpatient psychiatry, emergency evaluation,  
outpatient mental health and chemical dependency  
[www.brookhavenhospital.org](http://www.brookhavenhospital.org)  
101 Hospital Rd, Patchogue, NY 11772  
Phone: 631-684-7100

### **BRUNSWICK HALL**

Child & adolescent psychiatric treatment ages 6+  
80 Loudon Avenue, Amityville, NY  
Phone: 631-789-7238

### **EASTERN LONG ISLAND HOSPITAL**

Adult inpatient psychiatric treatment  
201 Manor Place, Greenport, NY  
Phone: 631-477-1000

### **JOHN T. MATHER MEMORIAL HOSPITAL**

Adolescent & adult inpatient psychiatric treatment  
70 North Country Road, Port Jefferson, NY  
Phone: 476-2830

### **PILGRIM STATE PSYCHIATRIC CENTER**

Psychiatric screening, inpatient, outpatient, residential  
& transitional services  
998 Crooked Hill Road, W. Brentwood, NY  
Intake Phone: 631-761-2559 or 631-761-3500

### **ST. CATHERINE OF SIENA HOSPITAL**

Adults 18+ inpatient psychiatric treatment  
50 Route 25A, Smithtown, NY  
Phone: 631-862-3150  
ER: 631-862-3111

## **HOSPITALS**

### **SAGAMORE CHILDREN'S PSYCHIATRIC CENTER & MOBILE CRISIS TEAM**

Inpatient (ages 10-18) and outpatient (ages 7-18) services  
197 Half Hollow Road, Melville, NY 11747  
Phone: 631-370-1701

### **STONY BROOK UNIVERSITY HOSPITAL CPEP**

Emergency diagnostic evaluations, child inpatient treatment  
to age 12, adult inpatient treatment, & outpatient treatment  
Nichols Road, Stony Brook, NY  
CPEP Phone: 631-444-6050  
Outpatient: 631-444-2570

### **SOUTH OAKS HOSPITAL**

Inpatient for ages 5-12; 12-18; adult & geriatric  
Partial hospitalization for adolescents 13-18 and adults  
Outpatient for ages 5+ Vocational & educational 15 day  
diagnostic day treatment program

400 Sunrise Highway, Amityville, NY 11701  
Phone: 631-264-4000

## **EMPLOYMENT SERVICES**

### **ACCES-VR (Adult Continuing Career Education Services -Vocational Rehabilitation)**

**Formerly known as VESID**

524 East Main St., Ste. 206  
Riverhead, NY 11901  
631-727-6496

### **Suffolk County One-Stop Employment Ctr**

Suffolk County Dept. of Labor,  
17 North County Complex  
725 Veterans Memorial Hwy.  
631-853-6600

### **Workforce New York One-Stop Career Ctr**

New York State Dept. of Labor  
160 South Ocean Avenue  
Patchogue, NY 11772-3719

### **MARYHAVEN CENTER OF HOPE WORK TRAINING PROGRAM**

Member of Catholic Health Services of Long  
Island  
445 County Road 101  
Yaphank, NY 11980-9623  
631-924-5900

## **HOUSING**

### **SOCR**

(State Operated Community Residence)  
1272 Montauk, Hwy., Water Mill, NY 11976  
631-283-2645

**SPOA & SPA** (Single Point of Access)  
631-231-3562

### **\*\*NOTE:**

All applications for adult housing are  
processed through SPOA

### **Concern for Independent Living**

1721 N. Ocean Ave., Medford, NY  
631-758-0474

### **The Way Back**

1401 Main St., Port Jefferson, NY  
631-928-0202

### **Options for Community Living**

202 E. Main St., Smithtown, NY  
631-361-9020

## **COUNSELORS**

### **GLENN S. CUYJET, NCC, LMFT, LMHC**

Cuyjet Associates

50 Station Rd., Bldg. 4, Ste. 2, Watermill, NY 11968

Phone: 631-283-4999

Fax: 631-287-1035

*SPECIALTY:* Individual, Couple, Marriage and family, Mental health, child guidance, psychotherapy

*DEGREE/TRAINING:* BA, Brandeis University; MS, Long Island University; NCC National Board Certified Counselor; NYS licensed in marriage and family counseling and mental health counseling; NYS Certified Mediator; Certified in Clinical Hypnosis; Certified Qigong Instructor

*LANGUAGES:* English

### **MARY CANNON, LMHC, CSAC, CRC, MEd.**

69 Surfside Ave, PO Box 1300, Montauk, NY 11954

Phone/ Fax: 631-238-5060

Email: marycan@optonline.net

*SPECIALTY:* Mental Health Issues, addiction counseling, court evaluations; Practical solutions to disability problems, vocational/career counseling, grief counseling, anger management

*DEGREE/TRAINING:* Masters Early Childhood Education, Certificate in Geriatric counseling, Certified Rehabilitation Counselor, Certified Mental Health counselor, Certified Alcohol and Substance Abuse Counselor

*LANGUAGES:* English

*INSURANCES:* None

# **COUNSELORS**

## **DR. ALLEN L. FEIN**

205 Windmill Lane, Suite A, Southampton, NY  
11968  
Phone: 631-283-6446 Fax: 631-283-9827

*SPECIALTY:* Medical Acupuncture; Family practice;  
Treatment of Opioid addictions with Suboxone  
Vivitrol

*DEGREE/TRAINING:* NYS licensed physician; Board  
Certified Diplomate; Certified in Medical Acupunc-  
ture

*LANGUAGES:* English, French, and Spanish

*INSURANCES:* Most plans

## **VICTORIA A. MULVEY, LMHC, NCC**

6 Evergreen Court, East Quogue, NY 11942  
Phone: 631-728-5723 Fax: 631-728-5723  
Email: vfmulvey@optonline.net  
www.VictoriaMulvey.com

*SPECIALTY:* Substance Abuse/Chemical Dependency,  
12-Step programs, children of chemically dependent  
parent(s), anxiety/depression, grief, anger, spirituality

*DEGREE/TRAINING:* MS, LMHC,NCC, 30 years AI-Anon,  
16 years Alateen sponsor

*LANGUAGES:* English

*INSURANCES:* Self –pay, clients may be reimbursed by  
their insurance company

## **COUNSELORS**

### **DIANA NASH, MA, LMHC**

404 E. 76th st., Ste.3D, NY, NY 10021

and East Hampton, NY 11937

Phone: 646-420-2277

[www.cope-with-loss.com](http://www.cope-with-loss.com)

*SPECIALTY:* Loss & bereavement counseling for individuals & groups; grief therapy for blended, extended, & disenfranchised family members

*DEGREE/TRAINING:* MA & Advanced Certificate in Counseling Psychology, NYU; Certified in Thanatology; NYS licensed Mental Health Counselor

*LANGUAGES:* English

### **TORY MASTERS**

P.O. Box 1223, Water Mill, NY 11976

Mailing Address: 29 Mill Pond Lane, Water Mill, NY

Phone: 917-494-0762

Email: [torymasters@gmail.com](mailto:torymasters@gmail.com)

[www.PeerRecoveryServices.com](http://www.PeerRecoveryServices.com)

*SPECIALTY:* Peer recovery specialist & counselor; Senior peer facilitator for mental health support groups

*DEGREE/TRAINING:* Certified peer specialist, CPS  
Certified Psychiatric Rehabilitation Practitioner,  
CPRP

*LANGUAGES:* English

*INSURANCES:* N/A



# **THERAPISTS**

## **Sherri Halucha, LMFT**

17 School Street, Hampton Bays, NY 11946

Phone: 631-276-5271 Fax: 631-728-5369

SPECIALTY: Adults, Adolescents & Children, Family, Couples Therapy, Womens Issues, Codependency, Mood Disorders, Anxiety, Depression, Stress Management, Communication Skills, Relationship Issues ,

DEGREE/TRAINING: Masters Marriage and Family Therapy ; MFT, LMFT

LANGUAGES: English

# **NURSE PRACTITIONERS**

## **CATHERINE O' BRIEN, MS, NPP, APRN**

Mental Health Consultation Services, PC  
351 Meeting House Ln., Southampton, NY 11968  
637 Veterans Highway, Smithtown, NY  
Phone: (631) 283 6720  
(631)-656-9761 or (631) 543-0146 Fax: 631-656-9765  
Email: COBPSYCH@AOL.COM

*SPECIALTY:* Adults & adolescents, mental health, mood disorders, adult and adolescent ADD/ ADHD, anxiety disturbances, adjustment disorders; Schizophrenia; Pharmacologic services; Court and Motor Vehicle evaluations

*DEGREE/TRAINING:* New York State certified Nurse Practitioner in Psychiatry; MS, Nurse Practitioner in Psychiatry, SUNY Stony Brook; Member, American College of Forensic Examiners, Certified Mental Health & Crisis Intervention, Cert. Homeland Security

## **DIANE BOARO, MSNP Psychiatry**

3771 Nesconset Hwy., Ste. 208  
South Setauket, NY 11720  
12 Oak St., Ste. 3, Westhampton Beach, NY 11978  
Phone: (631) 689-2055  
Email: DBoaroMSNPP@aol.com  
Www.DianeBoaroNursePractitionerPsychiatry.com

*SPECIALTY:* Medication management, mental health evaluations, and psychotherapy, individuals, families, depression, mood disorders, addictions, behavioral issues

*DEGREE/TRAINING:* Family Psychiatric Mental Health Nurse Practitioner of Psychiatry

## **PSYCHIATRISTS**

### **ERIC J. BARTKY, MD**

149 Hampton Road  
Southampton, NY 11968  
Phone: 631 287-6666 Fax: 631-287-6616  
Website: [www.bartkyhealth.com](http://www.bartkyhealth.com)

*SPECIALTY:* Children, Adolescents and Adults with ADHD, Mood Disorders, Anxiety Disorders, Autistic Spectrum/Developmental Disorders, Psychotherapy, Medication Management

*DEGREE/TRAINING:* MD, Jackson Memorial Hospital/University of Miami; Child and Adolescent

### **LEA DE FRANCISCI LIS, MD**

46 Main Street, Southampton, NY 11968  
Phone/Fax: (631) 204-6984  
Email: [leadef@gmail.com](mailto:leadef@gmail.com), [www.mindfulkid.com](http://www.mindfulkid.com)

*SPECIALTY:* Child and Adolescent Psychiatry

*DEGREE/TRAINING:* M.D. , NY Medical College; BA, Dartmouth College; Fellowship, NYU Child Study Center

*LANGUAGES:* English

### **PAUL D. GARSON, MD**

Director of Mental Health Services at  
Southampton Hospital  
325 Meeting House Lane, Southampton, NY 11968  
Phone: 631 283-4048 Fax: 631-283-5396

*SPECIALTY:* Adult psychiatry

*DEGREE/TRAINING:* Albany Medical College, Denver General Hospital

*LANGUAGES:* English

# **PSYCHOLOGISTS**

## **DIANE BROOKS, Psy. D.**

587 Montauk Highway, East Moriches, NY 11940  
Phone: 631-288-3584

SPECIALTY: Depression & anxiety, Cognitive Behavioral Therapy; adolescents & adults, anger management

DEGREE/TRAINING: Doctorate in Clinical Psychology, Long Island University; NYS licensed Psychologist

LANGUAGES: English

INSURANCES: Healthnet, Value Options, Empire Plan for Government Employees

## **CHRISTINE COOLIDGE, Ph.D.**

Hampton Pain and Stress Center  
18 Duckwood Lane, Hampton Bays, NY 11946  
Phone: 631-728-2000 Fax: 631-728-2880

SPECIALTY: Cognitive/Behavioral Therapy; Pain & Stress Therapy

DEGREE/TRAINING: NYS Licensed Psychologist; Clinical Specialist Psychiatric Registered Professional Nurse; Registered Professional Nurse; Board Certified in Neurofeedback; Board Certified in Biofeedback; Board Certified in Pain Management; Certified in Stress Management Education

LANGUAGES: English

INSURANCES: Traditional Medicare

## **PSYCHOLOGISTS**

### **MARTIN DINER, Ph.D.**

22 Deerwood Path  
P.O. Box 578, Sag Harbor, NY 11963  
Phone: 631-725-2132 Fax: 631-251-0068  
MDINER@OPTONLINE.NET

SPECIALTY: Adolescent, child, family and couple  
Therapy, psychoeducational

DEGREE/TRAINING: Ph.D. in Clinical Psychology; MS  
in School Psychology; NYS licensed Psychologist

LANGUAGES: English

### **DR. WILLIAM DiSCIPIO**

Fighting Chance  
34 Bay St., Ste. 201  
P.O. Box 1358, Sag Harbor, NY 11963  
Phone: 631-725-4646 Fax: 631-725-5731  
[www.fightingchance.org](http://www.fightingchance.org)

SPECIALTY: Patient navigation & psychosocial needs  
of patients & families fighting cancer, support groups  
for Latinos

DEGREE/TRAINING: NYS licensed Doctor of  
Psychology

LANGUAGES: English

## **PSYCHOLOGISTS**

### **NEAL M GOLDSMITH, Ph.D.**

210 Ferry Road, Sag Harbor NY 11963

Phone: (347) 743-1110

Email: goldsmith.neal@gmail.com,

www.nealgoldsmith.com

*SPECIALTY:* Transpersonal psychology;  
psycho-spiritual development; drugs and youth

*DEGREE/TRAINING:* Ph.D., Psychology, Claremont  
Graduate University; MA Counseling, New York  
University, NY State Licensed Mental Health Counselor

*LANGUAGES:* English

*INSURANCES:* None

### **NICHOLAS KARDARAS, Ph.D., LCSW-R**

201 Fort Pond Blvd., East Hampton, NY 11937

Phone: 347-528-8108

www.drkardaras.com

*SPECIALTY:* Substance and Digital addiction, Existential Crises, life transitions, bereavement, Psycho-spiritual growth. Individual & family Therapy; adolescents

*DEGREE/TRAINING:* Master of Social Work, SUNY  
Stony Brook; NYS licensed social worker; Ph.D. in  
Psychology

*LANGUAGES:* English and Greek

# **PSYCHOLOGISTS**

## **JOEL KAYE, PhD**

354 Montauk Highway  
Wainscott, NY 11975  
PO Box 695  
Wainscott, NY 11975  
Phone: 917-673-4362 Fax: 631-537-1831  
tlgdjk1@gmail.com

**Specialty:** Mindfulness based psychotherapy, cognitive behavioral therapy, acceptance and commitment therapy

**DEGREE/TRAINING:** Post Doctoral Fellowships at Stanford University and Palo Alto , VA Medical Center; PhD. Clinical Psychology, NY State Licensed

**LANGUAGES:** English

## **MARY MONACO KELLER, Ed.D.**

34 West Water St., Sag Harbor, NY 11963  
1570 Old Country Rd., Westbury, NY 11590  
Mail: 4 Oak Pl., Southampton , NY 11968  
Phone: 631-259-2122 Fax: 631-488-4073

**SPECIALTY:** All ages, couples, mutually respectful relationships, depression, anxiety, family relationships, self-esteem, trauma & abuse recovery pain & stress management & relaxation therapy

**DEGREE/TRAINING:** Doctorate in Psychology, Harvard University. NYS licensed Psychologist, NYS Certified School Psychologist, NYS Certified Teacher

**LANGUAGES:** English and Spanish

**INSURANCES:** Medicare, Island Group, Original Medicaid, Workers Compensation

## **PSYCHOLOGISTS**

### **VALERIE KING, Ph.D.**

36 Windward Road, East Hampton, NY 11937  
Phone: 631-267-3282  
valeriekingphd@gmail.com  
www.hamptoncognitivescreening.com

*SPECIALTY:* Lifespan Psychological Services:  
Neuropsychological Evaluations, Cognitive Screening,  
Psycho-educational evaluations, Child, Adolescent,  
Family Counseling, Couples and Group Therapy,  
Adult Individual therapy, Allied health professional at  
Southampton Hospital

*DEGREE/TRAINING:* Ph.D. Clinical Psychology, Adelphi  
University, New York State Licensed Psychologist,  
Fielding Grad. University—Postdoctoral Certificate—  
Neuro-psychology

*LANGUAGES:* English

### **DR. SHARYN LAWALL**

128 Sag Harbor Turnpike, Bridgehampton, NY 11932  
PO Box 993, Riverhead, NY 11901  
P: 516-982-1111

*SPECIALTY:* Child & adolescent psycho educational  
evaluations and psychotherapy

*DEGREE/TRAINING:* Psy.D. in Child/School  
Psychology, New York University; NYS licensed  
Psychologist; NYS certified School Psychologist



## **PSYCHOLOGISTS**

### **DAVID L. MARCUS, Ph.D., LCSW**

42 Roses Grove Road, Southampton, NY 11968

Phone/Fax: 631-283-5866

David.marcus@med.nyu.edu

*SPECIALTY:* Psychodynamic psychotherapy, adults, geriatrics, mood & anxiety disorders, depression, adjustment & personality conflicts, dealing with chronic illness; family relationships

*DEGREE/ TRAINING:* NYS Licensed Clinical Social Worker; MSW, New York University; PhD, University of Tennessee

### **Stephen Migden, PhD, ABPP & Associates**

#### **Sherry Henig, PhD**

142 Mineola Ave., Roslyn Hts., NY 11577, and offices in Plainview and Manhattan

Phone: 516-625-0824 Fax: 516-625-0825

Email: drmigden@verizon.net

[www.academic-therapeuticoptions.com](http://www.academic-therapeuticoptions.com)

*SPECIALTY:* Special Needs Placement Consultation –we assist families in locating residential and boarding programs for a variety of psychiatric, substance abuse, behavioral and learning problems.

*DEGREE/TRAINING:* Steve Migden– BA, ColumbiaU; PhD, NYU; Post Doc Certif, Adelphi U.

Sherry Henig BA, Oberliin College; PhD, Catholic U; Post-Doc Certif, Adelphi U

*INSURANCES:* NA

## **LICENSED SOCIAL WORKERS**

### **MAGGIE BLOOMFIELD, LCSW, CASAC**

10 Oak St., #3, Westhampton Beach, NY 11978

156 Fifth Avenue, NY, NY 10010

Phone:(631) 288-6394, (631) 922-2312

Fax: (631) 288-8576

Email: Blooming@optonline.net

*SPECIALTY:* Substance Abuse, Mood Disorders, CBT,  
Trauma

*DEGREE/TRAINING:* MSW, Stony Brook University,  
Licensed Clinical Social Worker, Certified Alcoholism  
and Substance Abuse Counselor

*LANGUAGES:* English

### **LINDA BLUM, LCSW, BCD**

137 Hampton Road, Southampton, NY 11968

Phone: 631-283-8464

Email: lblumlcsw@gmail.com

*SPECIALTY:* Depressive - anxiety disorders; Grief—  
mourning, adults & adolescents

*DEGREE/TRAINING:* MSW, Columbia University

*LANGUAGES:* English and French

## **LICENSED SOCIAL WORKERS**

### **DAYLE A. BRENNER, LCSW-R**

100 Manetto Rd., Ste. 205, Plainview, NY 11803  
122 W. 27th St., 10th Flr., NY, NY 10001  
306 Washington St., Ste. 205, Hoboken, NJ 07030  
Phone: (516) 662-2612  
Email: dabcsw827@aol.com

SPECIALTY: Relationship termination, Separation, Divorce, single counseling & navigation

Degree/Training: Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: All

### **MALCOLM C. DANKER, R-LCSW**

706 Noyac Road, Southampton, NY 11968  
Phone: 631-838-1553  
shrinkmcd@gmail.com

SPECIALTY: Adults, children, adolescents, individuals, couples, families, step-families, family therapy, stress, identity issues

DEGREE/TRAINING: Master of Social Work

LANGUAGES: English

INSURANCES: None; will complete forms for submission to companies

## **LICENSED SOCIAL WORKERS**

### **LISA DE LUCA, LCSW**

54895 Rt. 25, Southold, NY 11971

PO Box 45, East Marion, NY 11939

Phone: 631-865-5514

Email: LisaCDeLuca@gmail.com [www.LisaCDeLuca.com](http://www.LisaCDeLuca.com)

SPECIALTY: Panic disorder, couples, teens, adults, end of life, elderly, DBT, mindfulness, care giving

DEGREE/TRAINING: MSW, Training in family systems theory  
Certification

### **SUSAN DINGLE, LCSW, CASAC**

53840 Main Rd. , Southold, NY 11971

P.O. Box 56, New Suffolk NY 11956

Phone: 631-734-8658 Fax: 631-734-6767

[www.susandingle.com](http://www.susandingle.com)

SPECIALTY: substance abuse, codependency, transitions, trauma, children of alcoholics

DEGREE/TRAINING: Master of Social Work SUNY  
Stony Brook, OASAS provider

LANGUAGES: English

INSURANCES: Private pay, Sliding Scale

## **LICENSED SOCIAL WORKERS**

### **FRAN DONOVAN, R-LCSW**

The Professional Building, East End EMDR  
9 No. Main Street, Suite 6, East Hampton, NY 11937  
Phone: 631-329-1314 Fax: 631-324-9247  
Email: frandonovan1@gmail.com  
Website: www.FRANDONOVAN.com

SPECIALTY: EMDR (performance and trauma), recovery, eating disorders, addictions, PTSD, ADD, grief, anxiety, depression  
Senior consultant & facilitator @ EMDR Institute & EMDRIA

DEGREE/TRAINING: Master of Social Work; National Family Mediator trained; EMDR Senior Facilitator, School social work specialist, Red Cross Mental Health Disaster

LANGUAGES: English

### **ALEXANDRA FEELY, R-LCSW**

200 Pantigo Place, Suite M, East Hampton, NY 11937  
Phone: 631-329-2425 Fax: 631-329-6340

SPECIALTY: Domestic Violence; Individual and couples counseling

DEGREE/TRAINING: Master of Social Work Degree; New York State Licensed Clinical Social Worker

LANGUAGES: English and fluent Spanish

INSURANCES: None

## **LICENSED SOCIAL WORKERS**

### **LARAINÉ D. GORDON LCSW-R**

**Time for Teens** 631-338-7258

26 Henry Street Southampton, NY 11968

www.larainegordon.com

www.time4teens.org

*SPECIALTY:* Bereavement, adolescents and addictions.

*DEGREE/TRAINING:* BS in Psychology, MSW in Social Work. Masters of Social Work LCSW-R

*LANGUAGES:* English

*INSURANCES:* BCBS AETNA, Value Options.

### **BERNADETTE GILDEA, LCSW**

298 Middle Road, Riverhead, NY 11901

8 Sterlington Plaza, Greenport, NY 11944

Mailing Address: P.O. Box 1812

Shelter Island, NY 11964

Phone: 631 477-3700, 631 369-1234 ext. 111

Fax: 631 369-0130

Email: Bernadettegildea@aol.com

*SPECIALTIES:* Individual, marriage, family, mediation

*DEGREE/TRAINING:* Social Work, MSW, Divorce mediation

*LANGUAGES:* English

*INSURANCES:* Blue Cross, HIP, UBH, United HealthCare, Oxford, Cigna, Anthem, Emblem, GHI, 1199-National Local, Island Group

## **LICENSED SOCIAL WORKERS**

### **SUSAN S. GRIFFIN, R-LCSW**

110 Jermain Ave., P.O. Box 1551, Sag Harbor, NY  
11963

Phone/Fax: 631-725-2978

susangriffin@optonline.net

SPECIALTY: Individuals over 18

DEGREE/TRAINING: Master of Social Work, New York  
State Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: None

### **CHARLES GRECO M.A., R-CSW, BCD**

586 Rt. 25A

Rocky Point, NY 11778

4 Joann Ct.

Eastport, NY 11941

Mailing Address: PO Box 32, Wading River, NY  
11792

Phone: 631-929-1400

SPECIALTY: PTSD, Adolescents, Grief

DEGREE/TRAINING: MA Psychology, MSW

LANGUAGES: English

INSURANCES: Most

# **LICENSED SOCIAL WORKERS**

## **NELLA HAHN, R-LCSW**

500 Pleasure Drive  
Riverhead, New York 11901  
Phone: 212-888-2888 Fax: 631-369-9819  
nelhahn@aol.com  
www.hamptontherapy.com

*SPECIALTY:* Affairs, Incest, Relationships, Transitions,  
Anxiety, grief/bereavement, depression

*DEGREE/TRAINING:* NYS licensed Master Social Worker;  
Certificates in: Gerontology, physical fitness for older adults,  
bioethics & medical humanities, Suffolk Institute of Psychoa-  
nalysis, Hunter School Of Social Work

*LANGUAGES:* English

## **CHRISTOPHER HALUCHA, MSW, LCSW-R**

17 School St., Hampton Bays, NY 11946  
Phone: 631-276-5147 Fax: 631-728-5369  
Email: chalucha@yahool.com

*SPECIALTY:* : Children, Adolescents, Family, Couples,  
Mood Disorders, Depression, Anxiety, PTSD, Personality  
Disorders, Autism Spectrum, Grief/Loss, Social Skills,  
Phobias, Crisis, Addictions

*DEGREE/TRAINING:* Masters Degree Social work, DBT,  
CBT, CISD, CISM, Addictions.

*LANGAUGES:* English

*INSURANCES:* All insurances accepted



## **LICENSED SOCIAL WORKERS**

### **ELLEN HENSCHER, LCSW, CASAC**

425 East 86th Street, New York, NY 10028  
615 Broadway, (lower level), Hastings on Hudson, NY  
10706  
Phone: 212-369-7885 Fax: 914-478-1217  
EHENSCHER@AOL.COM  
www.psychologytoday.com

*SPECIALTY:* Individuals, couples, addictions, depression

*DEGREE/TRAINING:* Master of Social Work degree; NYS  
licensed social worker; certified in substance abuse  
counseling; psychoanalytic training

*LANGUAGES:* English

## **LICENSED SOCIAL WORKERS**

### **SANDI KAUFMAN, LCSW**

240 Madison Ave., Ste. 10M, NY, NY 10016  
89 White St. Southampton, NY 11968  
Sandi@sandikaufman.com

*SPECIALTY:* Trauma, anxiety, depression, relationships, mindfulness, life transitions

*DEGREE/TRAINING:* NYU Silver School of Social Work, William Alonson White Institute Intensive Psychoanalytic Psychotherapy Program (one Year)

*LANGUAGES:* English

*INSURANCES:* Blue Cross Blue Shield, Cigna,

### **TERI KOFF, LCSW, CMC**

P. O. Box 5050, East Hampton, NY 11937  
Phone: 631-329-5682  
www.caremanagernyc.com

*SPECIALTY:* Geriatrics and elder care

*DEGREE/TRAINING:* Master of Social Work degree, New York University; NY State Licensed Clinical Social Worker; ACSW, QCSW, DCSW; Care Manager Certification

*LANGUAGES:* English

## **LICENSED SOCIAL WORKERS**

### **JEROME LEFF, LCSW, BCD**

126 Meadowmere Lane, P.O. Box 135, Southampton,  
NY 11968

Phone: 631-283-1267 Fax: 212-737-6841

SPECIALTY: Couples & psychodynamic treatment

DEGREE/TRAINING: Master of Social Work degree;  
NYS Licensed Clinical Social Worker

LANGUAGES: English

INSURANCES: Oxford, Aetna, Empire

### **THOMAS F. LIVOTI, LCSW-R**

238 Long Neck Blvd., Riverhead, NY 11901

Phone: 631-348-2754 Fax: 631-369-6180

SPECIALTY: Family & marital therapy; addictions,  
co-dependency & recovery counseling

DEGREE/TRAINING: Master of Social Work; LCSW-R;  
ACSW; Social Work Field Instructor; Alcohol Counselor,  
South Oaks Hospital; Certified Diplomate, APA; Clinical  
Pastoral Education training; Trained HIV Counselor

LANGUAGES: English

INSURANCES: Medicare, Oxford, United Healthcare,  
Blue Cross/Blue Shield, HIP, Aetna, Island Group,  
Tricare, Healthfirst, Vytra, MSN, Value Options

## **LICENSED SOCIAL WORKERS**

### **LAURIE MARSDEN, LCSW**

91 Harbor Watch Ct.

Sag Harbor, NY 11963

Phone: 631 919-5007 Fax: 631 899-3185

Email: laurie@lauriemarsden.com

SPECIALTY: Women's issues, Depression  
On-line therapy program

DEGREE/TRAINING: MSW, Columbia University,  
BS Columbia University, NYS Licensed Clinical Social  
Worker

LANGUAGES: English

INSURANCES: None

### **ISABEL MELTZER, MS, LCSW-R**

619 Roanoke Avenue, Riverhead, NY 11901

Phone: 631-208-9219 Fax: 631-727-6605

SPECIALTY: Equine therapy (using horses) with  
individuals, couples, families and corporate groups

DEGREE/TRAINING: Masters in Education, Dowling  
College; NYS Licensed Clinical Social Worker, Equine  
Therapist II: Trained in equine assisted growth and  
learning

LANGUAGES: English

INSURANCES: Most, except Medicaid

## **LICENSED SOCIAL WORKERS**

**KATHERINE MITCHELL, LMSW, CASAC**  
**LORENA STRUNK, LMSW**  
**East End Counseling LLC**

3330 Noyac Rd, Bldg. D  
P.O. Box 3214, Sag Harbor, NY 11963  
Phone: 631-481-6550, 631-899-4575  
Eastendcounselingny@gmail.com

*SPECIALTY:* OASAS/DMV evaluations, Psychotherapy with individuals and families, addictions; substance abuse recovery; alcohol assessments; interventions

*DEGREE/TRAINING:* NYS Licensed Clinical Social Worker; Certified Alcohol and Substance Abuse Counselor

*LANGUAGES:* English, French and Spanish

**MOIRA MASTRO, LCSW, CASAC**

13105 Main Road, Mattituck, NY 11952  
PO Box 600, Mattituck, NY 11952  
Phone: 631-714-2634 Fax: 631-714-2620  
Website: [www.northforkintegrative.com](http://www.northforkintegrative.com)

*SPECIALTY:* Anxiety, Depression, Alcohol abuse, Relationship issues, Interpersonal Wellness, Life Coaching

*DEGREE/TRAINING:* BA Psychology. MSW

*LANGUAGES:* English

*INSURANCES:* Medicare, Island Administration Group, Antherm

## **LICENSED SOCIAL WORKERS**

### **SUE PENNY, LCSW-R**

15 Stoney Hill Road, Sag Harbor, NY 11963

Phone/Fax: 631-725-6435

SPECIALTY: Depression, anxiety, trauma, ADD/ADHD, couples, group therapy, EMDR

DEGREE/TRAINING: NYS Licensed Clinical Social Worker; Master of Social Work degree

LANGUAGES: English

### **PAULA M. PETERSON, LCSW-R**

Southampton, NY 11968

Phone: 631-283-6729 Fax: 631-287-6556

paula@hamptons.com

SPECIALTY: Bereavement, Couples, Individuals, Drug & alcohol addictions, Spiritual counseling

DEGREE/TRAINING: Master of Social Work; NYS Licensed Clinical Social Worker; Certified in Thanatology; Ordained Interfaith Minister

LANGUAGES: English; a little French

INSURANCES: none, sliding scale fees

## **LICENSED SOCIAL WORKERS**

### **DOREEN M QUARANTO, LCSW, RN**

Director of Parish Outreach, Most Holy Trinity Church  
44 Meadow Way, East Hampton, NY 11937  
Phone: 631-324-0134x732 Fax: 631-329-8532  
OUTREACH@MHT-EH.ORG

SPECIALTY: Family Counseling & Mediation

DEGREE/TRAINING: Master of Social Work Fordham University; Certificate in Divorce Mediation Columbia University; Family Therapy Ackerman Institute for the Family  
Licensed Clinical Social Worker; Registered Nurse

### **MAURA B. QUEALY, LCSW-R**

5 Stony Court, Hampton Bays, NY 11946  
Phone/Fax: 631-728-2786  
MBRIG51@yahoo.com

SPECIALTY: Hypnotherapy, anxiety & mood disorders, cognitive therapy, marital therapy, addictions, EMDR, meditation

DEGREE/TRAINING: New York State Licensed Clinical Social Worker; Certified Clinical Hypnotherapist

LANGUAGES: English

## **LICENSED SOCIAL WORKERS**

### **ANITA ROSENSHINE, LCSW**

533 David Whites Lane  
Southampton, NY 11968  
Phone: 631-287-7021 Fax: 631-287-7337  
Email: ARKATSH@aol.com

SPECIALTY: Depression, anxiety, aging.  
individuals, couples

DEGREE/TRAINING: Columbia School of Social  
Work, LCSW

LANGUAGES: English

### **ELLEN RUBY, LCSW, CASAC**

26 Club Lane, Sag Harbor, NY 11963  
Phone/Fax: 631 725-1769  
Email: ellenpruby@aol.com

SPECIALTY: Long term analytic psychotherapy;  
addictions, DWI

DEGREE/TRAINING: MSW, SUNY Stonybrook U,  
11 yrs. Post grad training in Modern Psychoanalysis,  
Center for Modern Psychoanalytic Studies,  
Manhattan

LANGUAGES: English



## **LICENSED SOCIAL WORKERS**

### **BRUCE E. SAUL, LCSW-R**

222 Manor Place, Greenport, NY  
1 George Fox Lane, Shelter Island, NY  
PO Box 367, Shelter Island, NY 11964  
Phone: 631-871-9933  
www.therapist.psychologytoday.com/52570

*SPECIALTY:* Adolescents, young adults, adults, couples, life transitions, relationships, depression and anxiety

*DEGREE/TRAINING:* Master of Social Work degree, New York University, NYS Licensed Clinical Social Worker

*LANGUAGES:* English

*INSURANCES:* Out of network reimbursement

### **BEVERLY A. SCHMIDT, LCSW**

439 Tuthills Ln, PO Box 2817, Aquebogue, NY 11931  
285 W. Main St., Ste. 204, Sayville, NY  
Phone/Fax: 631-765-8127  
Email: Bas1414@optonline.net

*SPECIALTY:* Individual adult psychotherapy, Depression, Anxiety, Relationships & Codependency issues

*DEGREE/TRAINING:* Master of Social Work degree; Certified in family therapy; Certified in EMDR, BCD

*LANGUAGES:* English

*INSURANCES:* EBCBS, Cigna, Oxford, MHN (Healthnet), Magna Care, Multiplan, Value Options, GHI, Vytra, MDNY, United Behavioral Health, Island Group, EAPs, & others

## **LICENSED SOCIAL WORKERS**

### **RANDI D. SCHNEIDER, LCSW-R**

36 W. Water Street, 2nd floor, Offices at Water Street  
P.O. Box 2774, Sag Harbor, NY 11963  
Phone: 917-696-2766 Fax: 631-899-2535  
Randischneiderlcsw@gmail.com

SPECIALTY: Relationship issues, addictions,  
adolescents, depression, family therapy,  
parent/child issues

DEGREE/TRAINING: Master of Social Work degree, NY  
State Licensed Clinical Social Worker

LANGUAGES: English and Spanish

### **JOHN TUSA, LCSW**

10 Head of Pond Rd., Water Mill, NY 11976  
Mailing Address: PO Box 125, Water Mill, NY 11976  
Phone: 631-871-6701 Fax: 631-287-6556  
JOHNTUSA@OPTONLINE.NET

SPECIALTY: Alcohol & Substance abuse, anxiety, de-  
pression, couples, family , children, teens, cognitive  
behavioral certified sleep counselor

DEGREE/TRAINING: Master of Social Work degree,  
NYS Certification

## **LICENSED SOCIAL WORKERS**

### **BETH WHITE, LCSW, CASAC**

Phone: 516 658-2057

Email: biwsw@yahoo.com

*SPECIALTY:* Family, couples, individual, substance abuse, professional burnout, trauma

*DEGREE/TRAINING:* MSW, Adelphi University  
LCSW, Arise Interventionist, CASAC

### **NANETTE H. YAVEL, LCSW-R, Psy.D**

300 Atlantic Ave., Greenport, NY 11944

Phone/Fax: 631-477-8828

Email: Ninayai@aol.com

*SPECIALTY:* Elderly, home visits, children & adolescents behavior disorders, disabled individuals and families

*DEGREE/TRAINING:* LCSW

*LANGUAGES:* English

### **KARRIE ZAMPINI ROBINSON, LCSW**

Fighting Chance

34 Bay Street, Sag Harbor

P.O. Box 1358 Sag Harbor, NY 11963

Phone: 631-725-4646

Fax: 631-725-5731

[www.fightingchance.org](http://www.fightingchance.org)

*SPECIALTY:* Oncology counseling; patient navigation,  
resource location; advocacy services

*DEGREE/TRAINING:* Master of Social Work degree;  
NYS licensed Social Worker

## **Why does stigma still exist?**

**Fear** — Lack of exposure

**Misunderstanding** — Outside pressures

Unfortunately, the media is responsible for many of the misconceptions which persist about mental illness.

Comedians make fun of those with mental illnesses.

What have you done to lessen the stigma?

What will you do in the future to promote understanding and acceptance?

### **RESOURCE CENTER TO ADDRESS DISCRIMINATION AND STIGMA**

[www.stopstigma.samhsa.gov](http://www.stopstigma.samhsa.gov)

1-800-540-0320

## **How YOU can combat stigma:**

### *SHARE YOUR EXPERIENCES WITH MENTAL ILLNESS*

*Your story can convey to others that  
having a mental illness is nothing to be  
embarrassed about.*

*HELP PEOPLE WITH MENTAL  
ILLNESS REENTER SOCIETY  
Support their efforts to obtain &  
maintain housing and jobs*

### *RESPOND TO FALSE STATEMENTS ABOUT MENTAL ILLNESS OR ABOUT PEOPLE WITH MENTAL ILLNESSES*

*Many people have incorrect and  
damaging ideas on the subject...  
accurate facts and information may  
help change both ideas and actions*

## **SUPPORT GROUPS**

East End Support Groups of  
NAMI-Huntington  
Family Support Group  
Grace Presbyterian Church  
1225 Montauk Highway  
Water Mill, NY  
Call for meeting schedule  
631-728-3082

Riverhead Relatives  
Tuesday 7-8:30pm  
Synergy Center  
1380 Roanoke Ave.  
Riverhead, NY  
631-226-3900

PFC Joseph Dwyer Veterans  
Peer Support Group  
Tuesday 7-8:30pm  
@ East End Counseling PLLC  
3330 Noyac Rd., Bldg. D  
Sag Harbor, NY  
631-899-4575

East End Mood Disorders Support Group  
Peer Support Group  
Family Support Group

**POSTPARTUM DEPRESSION**  
**and**  
**PARENTING SUPPORT**

**POSTPARTUM RESOURCE CENTER  
OF NEW YORK, Inc.**

Support, education & health care referrals to NYS women experiencing pregnancy & postpartum depression

Sonia Murdock, Executive Director  
109 Udall Road, West Islip, NY 11795  
Phone: 631-422-2255 Fax: 631-422-1643  
[www.postpartumNY.org](http://www.postpartumNY.org)

**NATIONAL ASSOCIATION  
OF MOTHERS' CENTERS**

Provides programs of support for parents to share experiences, connect with other parents, and learn about child development

1740 Old Jericho Turnpike, Jericho, NY 11753  
Phone: 516-939-6667 1-877-939-6667

**DOMESTIC ABUSE SERVICES**

**SUFFOK COUNTY COALITION AGAINST  
DOMESTIC VIOLENCE**

320 Carlton Ave, Ste. 8000, Central Islip, NY 11706  
Safety and Support to victims of domestic violence. Services include a 24-hour hotline, Safe Harbor shelter, group and individual counseling for adults and children, employment program, court and precinct advocacy, legal services and extensive educational services.

Hotline: 631-666-8833  
Office: 631-666-7181 Fax: 631-666-9208  
Website: [www.sccadv.org](http://www.sccadv.org)

## **ADDITIONAL SERVICE PROVIDERS**

### **ASSOCIATION FOR MENTAL HEALTH & WELLNESS**

939 Johnson Ave., PO Box 373

Ronkonkoma, NY 11779

631-471-7242

Offers a broad range of “state-of –the-art” rehabilitation & support services, incorporating a “best practices” psychiatric rehabilitation approach. Operates two clinic treatment programs with the “PROS” license.

### **MENTAL HEALTH ASSOCIATION IN SUFFOLK, Inc.**

Information, advocacy & referral for all mental health issues, consumer training programs, speaker’s bureau, & support groups

2000 Artie Ave., Bohemia, NY 11716

Phone: 631-226-3900 Fax: 631-225-1078

[www.mhasuffolk.org](http://www.mhasuffolk.org)

### **HOPE FOR DEPRESSION RESEARCH FOUNDATION**

[Www.hopefordepression.org](http://Www.hopefordepression.org)

### **ED & PHYLLIS DAVIS WELLNESS INSTITUTE**

SOUTHAMPTON HOSPITAL

Integrative Medicine to prevent illness & empower individuals to live healthier lives.

240 Meetinghouse La., Southampton, NY 631-726-8800

38 B Montauk Hwy, Hampton Bays, NY 631-728-WELL

### **ESEPTO—EAST END SPECIAL EDUCATION PARENT TEACHER ORGANIZATION**

[www.eastendsepto.com](http://www.eastendsepto.com)

### **EAST END CLINICAL CONNECTION**

631-288-1122

An organization of multidisciplinary mental health professionals

### **LONG ISLAND COMMUNITIES OF PRACTICE**



## **ADDITIONAL SERVICE PROVIDERS**

### **LONG ISLAND PARENT CENTER/TRAID**

The mission of the Long Island Parent Center of the Center for Community Inclusion LIU, is to provide parents of children with disabilities, in conjunction with the professionals who service their children, with information and resources necessary to promote meaningful involvement in their children's education programs.

### **NATIONAL ALLIANCE ON MENTAL ILLNESS OF HUNTINGTON, East End**

Family run support, education and advocacy groups  
Ellen Tollefsen 631-728-3082

### **SEEC —SURVIVORS EMPOWERMENT EMPLOYMENT COUNCIL**

Laura Stauffer PR, peer specialist 631-730-1367  
Helen Jasuta president ombudsman  
10 Harrison Street, Patchogue, NY 11772

### **SILO — SUFFOLK INDEPENDENT LIVING ORGANIZATION. INC.**

SILO works with children, adults and seniors with Disabilities to achieve their personal goals.  
3680 Route 112, Coram, NY 11727 631-880-79

### **SUFFOLK COUNTY UNITED VETERANS**

**Assists homeless veterans regain their dignity and independence.**

32 Mill Road, Yaphank, NY 11980

631-924-8088

### **S:US, SERVICES FOR THE UNDERSERVED**

Through housing employment, skills--building, treatment, and rehabilitation, and in partnership with the people who come to us for services, we create pathways to a rich and productive



## **TOWN OF SOUTHAMPTON DEPARTMENT OF COMMUNITY SERVICES**

includes Community Advocacy for assistance with social services, entitlements and some health care issues; Community Grants, Domestic Violence Victims Advocacy, Veterans Advisory Committee, the Disabilities Advisory Committee and Honor Flight Long Island.

Info is also available for Southampton Town Seniors Services, Transportation Services, Adult Day Care Programs, and the Southampton Town Youth Bureau.

Southampton Town Hall  
116 Hampton Road, Southampton, NY 11968

Community Services: 631.702.2423  
Senior Services 631.728.1235  
Youth Bureau 631.702.2425



**TOWN OF EAST HAMPTON  
DEPARTMENT OF HUMAN SERVICES**

128 Springs Fireplace Road  
East Hampton NY 11937  
Tel: 631-329-6939

REFERRAL AND CASE MANAGEMENT -  
INFORMATION

REFERRALS

ASSISTANCE WITH ACCESSING ENTITLEMENTS  
ADVOCACY

For Information call - 329-6939  
Bi-lingual services also provided

SENIOR NUTRITION PROGRAM - 324-6711

IN HOME SERVICES - 329-9040

ADULT DAY CARE PROGRAM - 324-6449

TRANSPORTATION - 324-4443

RESIDENTIAL REPAIR PROGRAM - 329-6939

YOUTH PROGRAMS - 329-6939

EMERGENCY ASSISTANCE FOR EAST HAMPTON TOWN RESI-  
DENTS

WITH SPECIAL NEEDS - For Information call - 329-9040

FREE COUNSELING and CAREGIVER SERVICES FOR SENIORS -

For Information call - 329-6939

SENIOR WELLNESS PROGRAMS -

Healing Circle & Better Balance with Tai Chi

For Information call - 324-6711

## **SOME STATISTICS....**

Mental illness affects about  
1 in 5 Americans...

... that's about 57 million people

About 10% of the adult population uses  
mental health services of some kind  
in any year

More than 2 million people are affected  
by schizophrenia

Mood disorders affect nearly 18 million  
adults each year

**Notes:**





This directory  
provided  
by the  
Town of  
Southampton  
631-702-2420

