

Draft Report
June 21, 2018



#### "PREVENTION" SUBCOMMITTEE

#### RECOMMENDATIONS COMMUNITY/EDUCATION/AWARENESS

- ✓ Support evidence based Prevention Education programs in both school and community settings
- Develop a multi-pronged strategy for disseminating information to community (marketing)
- Create new Parent/Guardian Education program
  - Signs/addiction/trends
  - Insert this program into parent attended events
- Measure effectiveness of prevention awareness program with school districts every other year
- ✓ Facilitate Prescriber Education for medical professionals
- ✓ Maintain Town multidisciplinary coalition
  - Initiate a youth coalition component-give class credit





#### "PREVENTION" SUBCOMMITTEE

#### **RECOMMENDATIONS (CON'T)**

INCREASE RESOURCES AND ACCESS FOR YOUTH

- ✓ Identify point person for support in school and community
- ✓ Recommend more pupil counseling support in schools
- ✓ Create and expand online resources for treatment
- ✓ Increase youth employment/internship/vocational opportunities
- ✓ Create indoor public venue for winter events-youth socialization
- ✓ Create marketing campaign for youth about resources available
- ✓ Develop regional transportation services





## "TREATMENT" SUBCOMMITTEE RECOMMENDATIONS

OUTREACH AND COMMUNITY SUPPORT

- ✓ Create an education campaign to help remove the stigma of a 12 step program such as AA/NA or Alateen when treating opioid addiction
- ✓ Include AA/NA in future coalition against opioid abuse/misuse
- ✓ Create social activities for people in recovery, i.e.: "rock for recovery" or "run for recovery"
- ✓ Request and verify that all businesses working with the Town of Southampton have insurance policies supporting the parity act for substance and mental health benefits, i.e.: co-pay, cancer
- ✓ Create a Mental Health and Substance Abuse dedicated phone line for insurance denials
- ✓ Encourage Insurance Companies to cover devices prescribed by doctors to help with withdrawal



### "TREATMENT "(CON'T) SUBCOMMITTEE RECOMMENDATIONS

REMOVE STIGMA / OBSTACLES

- Facilitate more sober housing
- ✓ Create diversified coalition to replace Task Force-include young people in recovery
- ✓ Encourage young people in recovery to speak at school forums about "Road to Recovery"
- ✓ Initiate youth programs to help young people in recovery transition into social programs at SYS or Community Centers
- ✓ Establish an East End THRIVE-no further west than Riverhead
  - ✓ Stony Brook Southampton Campus or Gabreski Airport
- ✓ Create marketing campaign for outpatient services that are person centered

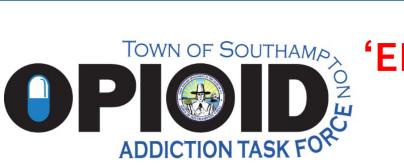




# "ENFORCEMENT" SUBCOMMITTEE RECOMMENDATIONS SHARE INFORMATION IMMEDIATELY

- > The SHPD introduced several initiatives months ago
- ➤ The Department recommends continued policy changes to include:
  - Tracking OD cases
  - Enhanced investigative efforts at the time of overdose
  - Interview overdose survivors and family members
  - Coordinate information sharing with other departments





### 'ENFORCEMENT" (CON'T) SUBCOMMITTEE RECOMMENDATIONS

COORDINATED EFFORT

- Coordination between EEDTF and STPD CRU
  - 1) Regular meetings
  - 2) Prioritize Intel
- Coordinated follow-up between PD and DA
- Narcan available to all PD first responders
- Bridge the Gap
  - 1) Overdose survivors consent contact by "Treatment" Chair person to help facilitate long term care
- Create marketing campaign for the "Good Samaritan Law"





# "RECOVERY" SUBCOMMITTEE RECOMMENDATIONS

EDUCATION AND SUPPORT CENTER

- Improve Education-the difference between "Treatment" and "Recovery"
- Develop Public Awareness Campaign for Parents- "Look in the Mirror"
  - How to talk to your children; expose dangers to children at young age
- Establish THRIVE-recovery center on East End-Stony Brook Southampton College Campus or Gabreski Airport, public/private joint venture, pursue grants and promote fundraising-big donors (banks and hospitals)
- Expand Youth programs for "at risk" youth or "Youth in recovery"
- Create PSA's and Media Campaign, "How to Find a Meeting" info for young people





# "RECOVERY" (CON'T) SUBCOMMITTEE RECOMMENDATIONS OUTREACH AND EDUCATION

- Build website for all information; including NA Meetings, No drug or alcohol social gatherings, job counseling and immediate outreach
- Enlist SCCC-advocate careers for certified recovery coaches and sober companions
- Inspect Sober Homes-enforce Town and local codes, make sure they are legal; recommend the State enforce codes-number of unrelated people living in one home, no locks on doors
- Create "How to find a good sober home" campaign



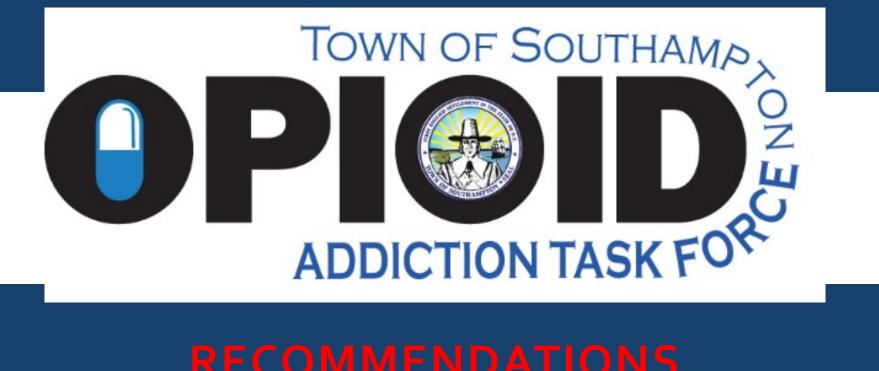


# CURRENT BARRIERS FOR TREATMENT AND RECOMMENDATIONS

- 1) Won't leave family, leave job for inpatient treatment
- 2) Sometimes one week wait for beds could be a killer
- 3) Inpatient services average 8 to 10 days before insurance runs out
- 4) Treatment beds available on East End
  - Seafield-Frequently
  - LICR- Occasionally
  - ELI-Rarely

#### SOLUTIONS

- 1) Funds for alternatives to child care while in treatment
  - 2) Need additional outpatient services



- 1) Ask the State for funding
- 2) Sober dorms at Stony Brook Southampton
  - THRIVE on East End