

Town of Southampton
Senior Services
Online Support Groups

The following groups will provide information, educational skills and support to families who are caregivers of the elderly in our communities.
All groups are offered via ZOOM

CAREGIVER'S SUPPORT GROUP

Dates:

Every Monday of every month

Time:

1:00pm - 2:30pm



ADULT CHILDREN OF AGING PARENTS SUPPORT GROUP

Dates:

3rd Wednesday of every month

Time:

6:30pm – 8:00pm



GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP

Dates:

Every Wednesday of the month

Time:

1:00pm – 2:30pm

EXCEPT...

Dates:

The Last Wednesday of the month

6:30pm- 8:00pm



For more information, call 631-728-1235