

In celebration of National Recovery month,
JOIN US FOR AN EVENING OF:

HOPE & RECOVERY

THURSDAY, SEPTEMBER 8, 2022

GOOD GROUND PARK
HAMPTON BAYS, NY

5:15 PM - 7:45 PM

Without question, the impact of COVID-19 has taken its toll on even the strongest of individuals. Please join us as we: come together in community, share local resources, highlight ways to reduce stress, honor those we have lost, and even enjoy some ice cream. We have walked through a lot together- let's continue our journey ...stronger!

ATTENDEES ARE WELCOMED AND ENCOURAGED TO PARTICIPATE IN:

- YOGA FOR ALL BODIES BY: CHRISTIANNE GENTRY
- SPOKEN WORD BY: BRI ONISHEA, LUIS SOLDANO, AND OTHERS
- DRUM CIRCLE BY: SPIRIT SKY
- DECORATE A LUMINARY BAG TO HONOR A LOVED ONE YOU HAVE LOST TO COVID, CANCER, ADDICTION, SUICIDE, OR ANY OTHER REASON
- VISIT LOCAL RESOURCE TABLES

☎ For info call HUGS, Inc. at 631-288-9505



LONG ISLAND
ADDICTION RESOURCE CENTER

