

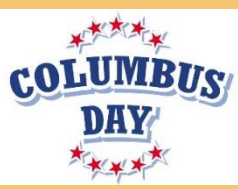















-MONDAY-	-TUESDAY-	-WEDNESDAY-	-THURSDAY-	-FRIDAY-
<p>1 BBQ Chicken 10:30 Chair Yoga 10:30 Line Dancing w/ Jean & Linda 1:00 Advanced Line Dancing w/ Jean & Maxine</p>	<p>2 French Onion Pork 10:00 Knitting & Crocheting 10:00 Drawing w/ Bill 10:00 Gardening w/ Mary 1:00 Computer Class w/ Larry</p> <p>-----</p> <p>Columbus Day Word Search </p>	<p>3 Stuffed Peppers 10:00 Rummikub 10:30 Rhythms & Remini-SING w/ Valerie 11:15 Stretch & Tone</p>	<p>4 Oktoberfest Sauerbraten 10:00 Open Table Games 11:00 World Teacher's Day-School Day Reminiscing 11:30 Sing A Long </p>	<p>5 Boston Baked Cod 10:30 Coffee & Conversation 10:30 Line Dancing w/ Jean & Linda 11:30-3:00 FUN FRIDAY- drop-in card games, Cribbage, Scrabble, Canasta and more!</p>
<p>8</p> <p>CENTER CLOSED</p> 	<p>9 4 Cheese Baked Ziti 10:00 Drawing w/ Bill 10:30 Pet Therapy visit w/ Mercedes 11:00 Disaster Preparedness Presentation w/ Capt Taveras of the NY Division of Military and Naval Affairs-Citizen Preparedness Corps 1:00 Computer Class w/ Larry</p>	<p>10 Popcorn Shrimp w/ Remoulade 10:00 Rummikub 10:30 Rhythms & Remini-SING w/ Valerie 11:15 Stretch & Tone</p> <p>-----</p> <p>6:00-Grandparents Raising Grandchildren Support Group-HBSC (dinner served @ 6pm)</p>	<p>11 Meatloaf w/ Gravy 10:00 Open Table Games 10:00 Card Crafting w/ Pam 11:30 Sing A Long  12:45 Movie Day "I Can Only Imagine" </p> <p>-----</p> <p>Fall Word Search </p> <p>-----</p> <p>3-5pm SAGE East End Mingle-HBSC</p>	<p>12 Peach Balsamic Chicken 9:00 SCOFA Advocate-Frank Masterson 10:30 Horse Racing 11:00-3:00 FUN FRIDAY- drop-in card games, Cribbage, Scrabble, Canasta and more!</p>
<p>15 Stuffed Fillet of Sole 10:30 Site Council Meeting 10:30 Chair Yoga 10:30 Line Dancing w/ Jean & Linda 1:00 Advanced Line Dancing w/ Jean & Maxine</p> <p>-----</p> <p>Space Word Search </p>	<p>16 Beef Burgundy 9:30 FAN FOOD @ BISHOP RYAN 10:00 Knitting & Crocheting 10:00 Drawing w/ Bill 11:00 Homecare Assistance Relaxation Technique Presentation 1:00 Computer Class w/ Larry</p>	<p>17 Chicken Noodle Casserole 10:00 Massage w/ Loretta 10:00 Rummikub 10:30 Rhythms & Remini-SING w/ Valerie 11:15 Stretch & Tone</p> <p>-----</p> <p>6:00-8:00-Adult Children Support Group- HBSC (dinner served @ 6pm)</p>	<p>18 Eggplant Parm 10:00 Open Table Games 11:30 Sing A Long </p>	<p>19 Roast Turkey w/ Pan Gravy 9:15 Bus departs for the North Fork-Senior Dine & Tour</p> <p>-----</p> <p>Monthly Birthday Party Tommy Parris (Pre-registration required) </p> <p>-----</p> <p>2:30 Book Discussion Group- " Gentleman in Moscow " @ HBSC</p>
<p>22 Pesto Pasta w/ Chic 10:30 Chair Yoga 10:30 Line Dancing w/ Jean & Linda 1:00 Advanced Line Dancing w/ Jean & Maxine</p>	<p>23 Salmon Provençale 10:00 Drawing w/ Bill 10:00 Gardening w/ Mary 1:00 Computer Class w/ Larry</p>	<p>24 Stuffed Cabbage w/ Tomato Sauce 10:00 Rummikub 10:30 Rhythms & Remini-SING w/ Valerie 11:15 Stretch & Tone</p> <p>-----</p> <p>Artist's Word Search </p>	<p>25 Stuffed Rigatoni 10:00 Open Table Games 11:30 Sing A Long </p> <p>PICASSO'S BIRTHDAY </p> <p>-----</p> <p>3-5pm SAGE East End Mingle-HBSC (light dinner served)</p>	<p>26 Orange Ginger Roast Pork 10:30 Coffee & Conversation 10:30 Line Dancing w/ Jean & Linda 11:00-3:00 FUN FRIDAY- drop-in card games, Cribbage, Scrabble, Canasta and more! 4:30-7:00- Game Night-HBSC (pre-registration required) </p>
<p>29 BBQ Chicken 10:30 Chair Yoga 10:30 Line Dancing w/ Jean & Linda 1:00 Advanced Line Dancing w/ Jean & Maxine</p>	<p>30 French Onion Pork 10:00 Drawing w/ Bill 11:00 SCOFA Presentation B12 Benefits 1:00 Computer Class w/ Larry</p> <p>-----</p> <p>Halloween Word Search </p>	<p>31 Stuffed Peppers 10:00 Rummikub 10:30 Rhythms & Remini-SING w/ Valerie 11:15 Halloween Party</p> <p>-----</p> <p>HAPPY HALLOWEEN... Wear your best costume! </p> <p>-----</p> <p>12:00 Caregiver's Support Group-HBSC (lunch served at 12noon)</p>	<p>AARP DEFENSIVE DRIVING COURSE Saturday, October 20 9:00am-3:30pm</p> 	
				<p>Shopping to Riverhead Stores w/ Shuttle Buses Every Friday Make your appt w/ the Shuttle... 631-728-1110</p> 